



# MID-EASTERN ATHLETIC CONFERENCE

MEAC Indoor Track & Field  
2017 Season • Feb. 15  
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## 47 YEARS OF EXCELLENCE

### USTFCCA TEAM COMPUTER RANKINGS (As of 2/15)

#### MEN

##### **NATIONAL**

<u>Institution</u>	<u>Rank</u>	<u>Points</u>
North Carolina A&T State	#30	31.22
Bethune-Cookman	#71	8.79

##### **REGIONAL**

##### Mid-Atlantic

Morgan State	#9	78.18
Maryland Eastern Shore	#23	.13
Howard	#23	.13
Coppin State	#23	.13
Delaware State	#23	.13

##### South

Bethune-Cookman	#20	26.25
Florida A&M	#29	.00

##### Southeast

North Carolina A&T State	#6	181.35
Hampton	#19	35.63
Norfolk State	#22	23.86
North Carolina Central	#31	2.96
South Carolina State	#36	.00

USTFCCA Ranking Criteria - <http://www.ustfccca.org/assets/rankings/div1/d1-ranking-rationale-2010.pdf>

#### WOMEN

##### **NATIONAL**

<u>Institution</u>	<u>Rank</u>	<u>Points</u>
Bethune-Cookman	#108	.80
North Carolina A&T State	#130	.05

##### **REGIONAL**

##### Mid-Atlantic

Morgan State	#8	114.84
Maryland Eastern Shore	#30	.20
Howard	#30	.20
Coppin State	#30	.20
Delaware State	#30	.20

##### South

Bethune-Cookman	#23	16.36
Florida A&M	#36	.03

##### Southeast

North Carolina A&T State	#11	64.40
Hampton	#27	10.88
Norfolk State	#31	8.25
North Carolina Central	#36	1.44
South Carolina State	#42	.20

### UPCOMING SCHEDULE

#### **Thursday, February 16-Saturday, February 18**

MEAC Indoor Track & Field Championships (Landover, Md.)

#### **Friday, Feb 26**

George Mason Last Chance Meet (Fairfax, Va.)

#### **Friday, March 10-Saturday, March 11**

NCAA Championships (College Station, Texas)





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## MEAC Overview

The Mid-Eastern Athletic Conference and [www.MEACsports.com](http://www.MEACsports.com) offers authorized media immediate access to original, up-to-date information from the MEAC and its member institutions.

## About The MEAC

The Mid-Eastern Athletic Conference (MEAC) begins its 47th year of intercollegiate competition heading into the 2016-17 academic school year. Located in Norfolk, Va., the MEAC is made up of 13 outstanding historically black institutions across the Atlantic coastline: Bethune-Cookman University, Coppin State University, Delaware State University, Florida A&M University, Hampton University, Howard University, University of Maryland Eastern Shore, Morgan State University, Norfolk State University, North Carolina A&T State University, North Carolina Central University, Savannah State University and South Carolina State University.

The MEAC sponsors 16 Division I (FCS) sports with automatic qualifying bids for NCAA postseason competition in baseball, bowling, men's and women's basketball, men's and women's cross country, men's and women's tennis, men's and women's track and field, softball, volleyball and men's golf.

## Social Media

Fans and media members are invited to follow the latest Mid-Eastern Athletic Conference track & field news through social media. The MEAC Twitter feed may be accessed @MEACSports and the conference's official Facebook page is available @MEACSports. The MEAC's Instagram handle is @MEACSports.



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## Weekly Release & Statistics

Media members may access PDF versions of the complete weekly release, including conference and team-by-team statistics, on [www.MEACsports.com](http://www.MEACsports.com). Regular updates of the weekly release will be distributed via e-mail from the conference office. To be included on the distribution list, send an e-mail request to **Ryan McGinty** at [mcgintyr@themeac.com](mailto:mcgintyr@themeac.com).

## Annual Awards

The MEAC will name first, second and third all-conference teams (m/w), outstanding performers in track and field events and coach of the year based on performance at the 2017 MEAC Indoor Championships.



## AGGIE POWER

The North Carolina A&T State track program has stretched its brand nationally as the Aggie men's team ranks No. 30 while the women stand 121st.

In the regional rankings, the Aggie men rank No. 6 in the Southeast Region while the women rank No. 11.

Sprinter **Christopher Belcher** paces the men's team as the senior from Sayville, N.Y. ranks ninth nationally in the 60-meter dash and 36th in the 200. Teammates **Michael Dickson** and **Todd Townsend** are ranked third and 18th nationally in the 60-meter hurdles. In the field, triple jumper **Lasheon Strozier** ranks 12th with a mark of 52-3.25.

On the women's side, **Kayla White** is 30th in the 60-meter hurdles.

## SNEAKING UP

Several Bethune-Cookman student-athletes have quietly moved up the national standings recently as triple jumper **Michael Tiller** ranks eighth nationally behind the strength of his mark of 52-10 at the KMS Invitational in Birmingham, Ala. on Jan. 29.

Since participating in his first action of the 2017 season on Jan. 21, Tiller has recorded back-to-back first-place wins in the triple jump. His mark at the KMS Invitational was also a personal best as a collegian.

BCU women's track jumper **Quamecha Morrison** also had a solid weekend at the KMS Invitational as she ranks 19th nationally in the high jump. Morrison's mark of 5-10.75 in the event was a career-best jump.

While BCU has arrived on the scene later than normal, its performance is not a surprise as the men's team are the reigning MEAC Indoor Champions. The men are ranked 71st nationally with the women's team ranked 108th.

## GOING THE DISTANCE

Maryland Eastern Shore's **Khalil Rmidi Kinini** is going out in style as the senior ranks 45th (8:04.28) in the 3,000-meter run. Rmidi Kinini also holds the top time in the MEAC in the mile run (4:05.08) and made history this past fall on the cross country course as the native of Spain is a three-time MEAC Cross Country champion and the first runner in MEAC history to win three individual titles. Rmidi Kinini cemented his legacy by becoming the first Hawk to qualify for NCAA national competition (cross country)

as he finished fifth at the NCAA Mid-Atlantic Regionals.

## NO HIBERNATING FOR THESE BEARS

The Morgan State men's and women's track programs are in the mix of the national rankings and in the mix of the MEAC title chase as they're ranked ninth (men) and seventh (women) in the latest USTFCCA Mid-Atlantic Regional polls.

Junior **Jailah Mason** made national news recently as she jumped 6-0.5 in the high jump on Jan. 21. The MEAC indoor championship record-holder in the high jump, Mason ascended into the top 10 amongst NCAA Division I high jumpers at that time and currently sits at No. 12. On the track, senior **Shenel Crooke** ranks 48th in the 60-meter dash as she ran a season-best 7.4 on Feb. 3 at the Armory Track Invitational.

Long jumper **Lloyd Hylton** logged a mark of 24-6.5 at the John Thomas Terrier Invitational on Jan. 27 to rank 45th nationally.



## LEWIS MAKES THE MOVE ACROSS THE BAY

Norfolk State University director of track and field programs **Kenneth Giles** announced that former Olympian and local track and field legend **Yvette Lewis** has been hired as an assistant coach for the Spartans.

Lewis will primarily work with the hurdlers, jumpers and sprinters on the Spartan women's track and field team.

A two-time NCAA national champion and 2016 Olympian, Lewis spent the last four years as an assistant track and field coach at her alma mater, Hampton University. Lewis' main area of emphasis was Hampton's hurdlers, jumpers and multi-event athletes while also serving as the team's strength and conditioning coordinator. Lewis helped the Hampton women win a total

of six MEAC indoor and outdoor titles while the Pirate men won two.

Lewis' stint at Hampton coincided with the final years of her own successful track career. Lewis competed primarily in the 100-meter hurdles as a professional. Her personal-best time was 12.76 seconds, which she clocked in 2011 – the same year she won a gold medal representing the USA at the Pan American Games. Later in her career, Lewis represented Panama, qualifying for the 2016 Summer Olympic Games in Brazil.

Lewis won NCAA Division I national titles during the 2006 indoor season and 2007 outdoor season in the triple jump while at Hampton. In all, she was a six-time All-American in the triple jump and 100-meter hurdles in a two-year span for the Pirates. She also won six Most Outstanding Performer Awards for scoring the most points at MEAC indoor and outdoor championship meets.

## CRASHING THE PARTY

Since 2006, the MEAC Men's Indoor Track & Field Championship might as well have been called the Norfolk State Invitational as the Spartan men claimed eight straight titles from 2006-13 under head coach **Kenneth Giles**. The streak was broken in 2014 by longtime rival Hampton University and a newcomer began to emerge from Florida in Bethune-Cookman as the Wildcats have won back-to-back indoor men's championships since 2015.

Hampton University has had to invest in a new trophy case for the hardware it has collected on the women's side as the Lady Pirates have won six straight indoor championships since 2011.

They won five straight from 2003-07 before sharing a title with Maryland Eastern Shore in 2008. After winning it outright in 2009, Norfolk State claimed the title in 2010 before Hampton regained its rightful place and began its current championship streak.

## FRESH START

Norfolk State redshirt freshman **Garth Warner** has made his presence felt in the MEAC as he owns the top three jumps in the league. Warner has captured MEAC Field Athlete of the Week honors twice this season with the latest occurring last week after a jump of 6-11. Warner has eclipsed the 6-10 mark three times this season.



**Track Athletes of the Week**

The MEAC will name men's and women's track athletes of the week each Wednesday throughout the season in the following categories: track athlete and field athlete. Nominees are submitted to the conference office by the institution's sports information offices. Winners will be made available via e-mail and the conference website by Wednesday afternoon.

**MEN'S TRACK ATHLETE OF THE WEEK**

WEEK 1	COREY AIKEN	NORTH CAROLINA A&T
WEEK 2	CHRISTOPHER BELCHER	NORTH CAROLINA A&T
WEEK 3	CHRISTOPHER BELCHER	NORTH CAROLINA A&T
	KHALIL RMIDI KININI	MD EASTERN SHORE
WEEK 4	MARTIN OWUSU-ANTWI	COPPIN STATE
	KHALIL RMIDI KININI	MD EASTERN SHORE
WEEK 5	MARTIN OWUSU-ANTWI	COPPIN STATE
WEEK 6	MICHAEL DICKSON	NORTH CAROLINA A&T
WEEK 7	KHALIL RMIDI KININI	MD EASTERN SHORE

**WOMEN'S TRACK ATHLETE OF THE WEEK**

N/A	
Charnice Anderson	Morgan State
Shenel Crooke	Morgan State
Martha Bissah	Norfolk State
India Brown	NORTH CAROLINA A&T
Martha Bissah	Norfolk State
Shenel Crooke	Morgan State
Meshala Morton	HAMPTON

**MEN'S FIELD ATHLETE OF THE WEEK**

WEEK 1	CHRISTOPHER BELCHER	NORTH CAROLINA A&T
WEEK 2	LASHEON STROZIER/NOAH AGWU	NCAT/MDES
WEEK 3	CHRIS LEE	NORFOLK STATE
WEEK 4	LARON JAMES	SAVANNAH STATE
WEEK 5	MICHAEL TILLER	BETHUNE-COOKMAN
WEEK 6	GARTH WARNER	NORFOLK STATE
WEEK 7	OMEGA SMALLS	NORTH CAROLINA CENTRAL

**WOMEN'S FIELD ATHLETE OF THE WEEK**

N/A	
Sierra Adams	Md Eastern Shore
ShaunteL Lucius	Md Eastern Shore
Jailah Mason	Morgan State
Catoria Sirmom	BETHUNE-COOKMAN
Madeleine Akobundu	NORTH CAROLINA A&T
N/A	

**MEAC Track & Field Weekly Honors**

Maryland Eastern Shore senior **Khalil Rmidi Kinini** and Hampton junior **Meshala Morton** were selected as the Mid-Eastern Athletic Conference (MEAC) men's and women's Track Athletes of the Week respectively. North Carolina Central redshirt freshman **Omega Smalls** earned Men's Field Athlete of the Week honors.

Kinini (Sr., Malaga, Spain) broke his own school record in the 3,000m for the fourth time this season this past weekend at the **David Hemery Valentine Invitational**, turning in an 8:04.28. He finished second overall in bettering his MEAC-best time, and Kinini ranks 45th in the nation in that event.

**Morton (Jr., Stafford, Va.)** jumped up to third in the MEAC in the 200m this past weekend, running a 24.08 at the Clemson Tiger Paw Invitational – a meet that featured nine nationally-ranked teams. She bettered her previous season low in the event by .48 seconds.

**Smalls (r-Fr., North Charleston, S.C.)** tied the MEAC's second-best mark in the high jump this season, leaping 2.05 meters (6 feet, 8.75 inches) to win the event at the JDL College Team Challenge.



## 2017 NCAA DIVISION I INDOOR QUALIFYING (TOP 50 M/W)

<b>RANK</b>	<b>ATHLETE</b>	<b>YEAR</b>	<b>TEAM</b>	<b>TIME/METRIC</b>	<b>MEET</b>	<b>MEET DATE</b>
<b>60m (Men)</b>						
9	Belcher, Christopher	SR-4	N. Carolina A&T	6.64	Virginia Tech Invitational	01/13/17
45	Thomas, Joel	JR-3	N. Carolina A&T	6.73	Camel City Invitational	02/03/17
<b>60m (Women)</b>						
48	Crooke, Shenel	SR-4	Morgan State	7.40	2017 Armory Track Invitational	02/03/17
<b>200m (Men)</b>						
21	Owusu-Antwi, Martin	SO-2	Coppin State	20.95	Terrier Invitational	01/27/17
36	Belcher, Christopher	SR-4	N. Carolina A&T	21.08	Bob Pollock Invitational	01/27/17
<b>3,000 (Men)</b>						
20	Rmidi Kinini, Khalil	SR-4	MDES	8:04.28	Brown Men's Invitational	02/10/17
<b>60H (Men)</b>						
3	Dickson, Michael	SO-2	N. Carolina A&T	7.63	Camel City Invitational	02/03/17
18	Townsend, Todd	SR-4	N. Carolina A&T	7.83	Bob Pollock Indoor Invitational	01/27/17
42	Graham, Charles	SO-2	Hampton	7.92	Clemson Tiger Paw Indoor	02/10/17
<b>60H (Women)</b>						
30	White, Kayla	SO-2	N. Carolina A&T	8.27	UNCG Early Bird Duals	12/04/16
<b>High Jump (Women)</b>						
12	Mason, Jailah	JR-3	Morgan State	6' 0.5"	Terrapin Invitational	01/21/17
19	Morrison, Quamecha	SO-2	Bethune-Cookman	5' 10.75"	2017 KMS Invitational	01/29/17
<b>Long Jump (Men)</b>						
26	Benton, Naje	SR-4	MDES	24' 11"	UMES Lid-Lifter	12/03/16
45	Hylton, Lloyd	JR-3	Morgan State	24' 6.5"	Terrier Invitational	01/27/17
<b>Triple Jump (Men)</b>						
8	Tiller, Michael	SR-4	Bethune-Cookman	52' 10"	2017 KMS Invitational	01/29/17
12	Strozier, Lasheon	SO-2	N. Carolina A&T	52' 3.25"	Hokie Invitational	01/19/17
39	Malik Franklin	JR-3	Savannah State	50' 10"	Buccaneer T&F	02/02/17



**ALL-TIME MEN'S INDOOR TRACK & FIELD CHAMPIONS**

<u>Year</u>	<u>Champion</u>	<u>Outstanding Performer</u>	<u>Outstanding Coach</u>
2016	Bethune-Cookman	Kenneth Fisher (B-CU) - Field Khalil Rmidi Kinini (UMES) - Runner	Donald Cooper (B-CU)
2015	Bethune-Cookman	Dillon Simon (UMES) - Field Khalil Rmidi Kinini (UMES)- Runner	Donald Cooper (B-CU)
2014	Hampton	Deon Clifford (FAMU) - Runner Dillon Simon (UMES) - Field	Maurice Pierce (HAM)
2013	Norfolk State	Nathnael Meseret (NSU)- Runner Keron Stoute (B-CU) - Field Dillon Simon (UMES) - Field	Kenneth Giles (NSU)
2012	Norfolk State	Owen Cain (UMES) - Field Josef Tessema (NSU) - Runner	Kenneth Giles (NSU)
2011	Norfolk State	Damon Dixon (HAM) - Field Josef Tessema (NSU) - Runner	Kenneth Giles (NSU)
2010	Norfolk State	Damon Dixon (Ham) - Field Philemon Kimutai (NSU) - Runner	Kenneth Giles (NSU)
2009	Norfolk State	Marlon Woods (NSU)	Kenneth Giles (NSU)
2008	Norfolk State	Dominic Luka (NSU)	Kenneth Giles (NSU)
2007	Norfolk State	Terrance Burton (HAM)	Kenneth Giles (NSU)
2006	Norfolk State	David Kemboi (NSU) Justin Bryon (NCAT)	Kenneth Giles (NSU)
2005	Florida A&M	Kevin Hicks (FAMU)	Rey Robinson (FAMU)
2004	Florida A&M	Tim Walls (NCAT)	Rey Robinson (FAMU)
2003	Hampton	Jerome Mathis (HAM)	David Boyd (HAM)
2002	South Carolina State	Nick Peters (CSU)	Ernest Tche (SCSU)
2001	Norfolk State	Chris Brown (NSU)	Floyd Conley (NSU)
2000	Hampton	Travis Ridley (HAM)	David Boyd (HAM)
1999	Hampton	James Carter (HAM)	David Boyd (HAM)
1998	Norfolk State	Joel Mascoll (NSU)	Steve Riddick (NSU)
1997	Md-Eastern Shore		
1996	UMES/N.C. A&T		
1995	Florida A&M		
1994	Morgan State		
1993	Florida A&M		
1992	Florida A&M		
1991	South Carolina State	Anthony Stewart (CSU)	Robert Johnson (SCSU)
1990	South Carolina State	David Stargel (FAMU)	Robert Johnson (SCSU)
1989	Florida A&M	Howard Lindsay (UMES)	Bobby Lang (FAMU)
1988	South Carolina State	Howard Lindsay (UMES)	Robert Johnson (SCSU)
1987	Delaware State		
1986	Delaware State		
1985	Howard		
1984	Delaware State		
1983	Delaware State		
1982	South Carolina State		
1981	South Carolina State		

**ALL-TIME WOMEN'S INDOOR TRACK & FIELD CHAMPIONS**

<u>Year</u>	<u>Champion</u>	<u>Outstanding Performer(s)</u>	<u>Outstanding Coach</u>
2016	Hampton	Zoe Ellis (NCCU) - Field Kiara Howell (NSU) - Field Ce'aira Brown (HAM) - Runner	Maurice Pierce (HAM)
2015	Hampton	Deidra Jordan (B-CU) - Field Judith Kibii (FAMU) - Runner	Maurice Pierce (HAM)
2014	Hampton	Teiara Denmark (Ham) - Field Ce'aira Brown (Ham) - Runner	Maurice Pierce (HAM)
2013	Hampton	Imani Cox (UMES) - Field Petra Kubesova (UMES) - Runner	Maurice Pierce (HAM)
2012	Hampton	Shamire Rothmiller (SCSU) - Field Claudia Calder (HAM) - Field Cynthia Anais (UMES) - Runner	Maurice Pierce (HAM)
2011	Hampton	Tiera Denmark (HAM) - Field Cynthia Anais (UMES) - Runner Racquel Vassell (HAM) - Runner	Maurice Pierce (HAM)
2010	Norfolk State	Elaine Rhoades (NSU) - Field Francena McCorory (HAM) - Runner Racquel Vassell (HAM)	Maurice Pierce (HAM)
2009	Hampton	Racquel Vassell (HAM)	Maurice Pierce (HAM)
2008	UMES/Hampton	Merrecia James (UMES)	Ernest Barrett (UMES)/Maurice Pierce (HAM)
2007	Hampton	Yvette Lewis (HAM)	Maurice Pierce (HAM)
2006	Hampton	Yvette Lewis (HAM)	Maurice Pierce (HAM)
2005	Hampton	Yvette Lewis (HAM)	Maurice Pierce (HAM)
2004	Hampton	Eboni White (HAM)	Maurice Pierce (HAM)
2003	Hampton	Jade Fisher (HAM)	Maurice Pierce (HAM)
2002	Delaware State	Agatha Gitudndu (NSU)	Constancia Hayes (DSU)
2001	Hampton	Marketa Patockova (BCC)	Mamie Rallins (HAM)
2000	Norfolk State		
1999	Florida A&M	Debbie Dunn (NSU)	Bobby Lang (FAMU)
1998	Bethune-Cookman	Nicole Carty (BCC)	Curtis Pittman (BCC)
1997	Bethune-Cookman		
1996	Coppin State		
1995	Florida A&M		
1994	Florida A&M		
1993	Florida A&M		
1992	Maryland Eastern Shore		
1991	Florida A&M	Kanyon Singletary (FAMU)	Bobby Lang (FAMU)
1990	Morgan State	Donya Andrews (FAMU)	Leonard Braxton (MSU)
1989	Howard	Nicole Toro (HOW)	William Moultrie (HOW)
1988	Delaware State	Tanya McCray (DSU)	Fred Soweby (DSU)
1987	Delaware State		
1986	Delaware State		
1985	Delaware State		
1984	Delaware State		
1983	Howard		
1982	Delaware State		
1981	Howard		

**ALL-TIME WOMEN'S INDOOR TRACK & FIELD RECORDS  
(1971-2016)**

<b>Event</b>	<b>Record Holder (School)</b>	<b>The Record</b>	<b>Year Set</b>
Pole Vault	Morgan Knight (North Carolina A&T State)	11-05.75 ft (3.59m)	2016
Shot Put	Leitawsha Bronson (Morgan State)	51-3/4" (15.56m)	2009
High Jump	Jailah Mason (Morgan State)	6-1.25 ft. (1.86m)	2016
Long Jump	Brenda Bailey (Howard)	20-4" (6.2m)	1985
Triple Jump	Elisa Funchess (South Carolina State)	42-10" (13.06m)	2000
Weight Throw	Allison Randall (Morgan State)	60-11 ½ (18.58m)	2010
55 Meters	Dawnette Douglas (Maryland Eastern Shore)	6.5	1993
60 Meters	Danieth Pryce (Maryland Eastern Shore)	7.32	2006
60 Yard Dash	Wendy Vereen (Morgan State)	6.84	1985
200 Meters	Debbie Dunn (Norfolk State)	23.85	2000
220 Yard Dash	Valencia Tutson (South Carolina)	25.26	1988
400 Meters	Francena McCoroy (Hampton)	53.22	2009
440 Yard Dash	Sophia Hunter (Delaware State)	56.12	1985
500 Meters	Lorraine Dortch (Delaware State)	1:18.1	1984
600 Yard Dash	Michelle Collins (Delaware State)	1:22.8	1986
800 Meters	Ce'aira Brown (Hampton)	2:05.19	2016
1000 Meters	Kimberly McCollum (Delaware State)	2:08.37	1994
1500 Meters	Jerri Sutton (Florida A&M)	4:47.9	1993
Mile Run	Ce'aira Brown (Hampton)	4:51.63	2016
3000 Meters	Petra Kubesova (UMES)	9:57.64	2013
Two Mile Run	Sonia Robinson (Delaware State)	11:32.80	1986
Three Mile Run	Chery Lewis (Florida A&M)	21:50	1981
55 Meter Hurdles	Kisha King (Florida A&M)	7.7	1992
60 Meter Hurdles	Kellie Wells (Hampton)	8.08	2006
60 Yard Hurdles	Kisha King (Florida A&M)	7.57	1988
400 Meter Relay	Delaware State	3:36.80	1984
Mile Relay	Howard	3:48.87	1987
4X400 Meter Relay	Morgan State	3:24.8	1992
Two Mile Relay	Delaware State	9:30.6	1986
Distance Medley	Maryland Eastern Shore	11:41.16	2008
Pentathlon	Claudia Calder (Hampton)	3,636	2012
Individual Points	Yvette Lewis (Hampton)	48	2006
Team Points	Hampton	179	2007



**ALL-TIME MEN'S INDOOR TRACK & FIELD RECORDS  
(1971-2016)**

<b>Event</b>	<b>Record Holder (School)</b>	<b>The Record</b>	<b>Year Set</b>
Pole Vault	Shane Smith (Coppin State)	16-4 3/4 (5.00m)	2009
Shot Put	Dillon Simon (Maryland Eastern Shore)	19.22m (63-00.75 ft.)	2015
High Jump	Marlon Woods (Norfolk State)	7-2 1/2 (2.20m)	2008
Long Jump	Corey Vinston (Norfolk State)	25-9 1/2 (7.86m)	2009
Triple Jump	Edward Smith (North Carolina A & T State)	53-4 1/2 (16.27m)	1986
Weight Throw	Emmanuel Stewart (Morgan State)	19.63m (64-05.00 ft.)	2014
55 Meters	Laroche Moore (North Carolina A & T State)	6.2	1993
60 Meters	Desmond Lawrence (North Carolina A & T State)	6.64	2015
60 Yard Dash	Javaro Sims (Florida A&M)	6.3	1981
200 Meters	Sean Holston (Norfolk State)	21.08	2012
400 Meters	Sean Holston (Norfolk State)	47.24	2012
440 Yard Dash	Richard Lewis (Howard)	40.09	1985
500 Meters	Oliver Bridges (Howard)	1:36.1	1982
600 Yard Dash	James Wharton (Delaware)	1:11.13	1987
800 Meters	Edose Ibadin (Hampton)	1:51.35	2015
1000 Meters	James King (Howard)	2:38.2	1982
1000 Yard Run	Ezra Catwell (South Carolina State)	2:16.19	1986
1500 Meters	Chris Kelley (Florida A&M)	3:56.7	1993
Mile Run	Nickie Peters (Coppin State)	4:13.65	2002
3000 Meters	Khalil Rmidi Kinini (Maryland Eastern Shore)	8:30.44	2016
5000 Meters	David Kemboi (Norfolk State)	14:33.96	2006
Two Mile Run	Caiphus Vilakazi (Delaware State)	9:37.7	1986
Three Mile Run	Everette Hayes (Delaware)	15:26.0	1981
55 Meter Hurdles	Darrell Ash (Florida A&M)	6.4	1982
60 Meter Hurdles	Cameron Hall (Savannah State)	7.85	2015
60 Meter Hurdles	Michael Dickson (North Carolina A&T State)	7.85	2016
60 Yard Hurdles	Steve Marin (South Carolina State)	7.37	1981
400 Meter Relay	Delaware State	1:12.5	1981
4x400 Meter Relay	Hampton	3:14.22	2014
Mile Relay	South Carolina State	3:19.17	1986
4x800 Meter Relay	Howard	7:50.7	1993
Two Mile Relay	Florida A&M	8:02.24	1988
Distance Medley	Norfolk State	10:03.35	2006
Heptathlon	Harold Rose (Bethune-Cookman)	5,378	2008
Individual Points	James Carter (Hampton)	38	1999
Team Points	Norfolk State	188	2010



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## MEAC Indoor Performance List

## 60m (Men)

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE
1	Belcher, Christopher	SR-4	N. Carolina A&T	6.64	Virginia Tech Invitational	01/13/17
2	Thomas, Joel	JR-3	N. Carolina A&T	6.73	Camel City Invitational	02/03/17
3	Kemp, Demek	JR-3	South Carolina St.	6.75	UNCG Early Bird Duals	12/04/16
4	Gabriel, Caleb	SR-4	N. Carolina A&T	6.76	Clemson Bob Pollock Indoor Invitational	01/27/17
5	Owusu-Antwi, Martin	SO-2	Coppin State	6.79	2016 Navy Invitational Track and Field Meet	12/03/16
6	Rowe, Rodney	SO-2	N. Carolina A&T	6.81	Virginia Tech Invitational	01/13/17
6	Fair, Kareem	JR-3	Bethune-Cookman	6.81	BSC Panther Indoor Icebreaker	12/02/16
8	Williams, Jonathan	SR-4	N.C. Central	6.82	Darius Dixon Memorial Invitational	01/27/17
9	Brown, Michael	SR-4	Norfolk State	6.83	CNU Holiday Open	12/04/16
10	Bailey, Henrick	JR-3	Bethune-Cookman	6.87	Camel City Invitational	02/03/17
11	Hines, Romero	JR-3	Norfolk State	6.89	CNU Holiday Open	12/04/16
11	Amoah, Joseph	FR-1	Coppin State	6.89	Patriot Games	02/08/17
11	Howell, Deyvon	JR-3	Morgan State	6.89	2016 Yale Season Opener	12/10/16
14	Cowie-Clarke, Haysean	SR-4	Coppin State	6.90	John Thomas Terrier Invitational	01/27/17
15	Brown, Nigel	SO-2	Savannah State	6.92	UAB Vulcan Invitational	01/14/17
15	Wanjiru, Moffat	FR-1	Hampton	6.92	2017 Armory Track Invitational (Colleges)	02/03/17
17	Garrett, Brenan	SO-2	Hampton	6.93	JDL College Kick-off Classic	12/03/16
18	Dickson, Michael	SO-2	N. Carolina A&T	6.94	Liberty Elite Invitational	02/10/17
19	White, Desean	JR-3	Morgan State	6.95	2017 Armory Track Invitational (Colleges)	02/03/17
19	Hartsfield, Blake	FR-1	N.C. Central	6.95	JDL College Team Challenge	02/09/17
21	Leggett, Justin	SO-2	Savannah State	6.96	Buccaneer Track & Field Invitational	02/02/17
21	Williams, Jordan	FR-1	Bethune-Cookman	6.96	2017 KMS Invitational	01/29/17
21	Williams, Deontae	JR-3	N.C. Central	6.96	Camel City Invitational	02/03/17
24	Mercer, Robert	SR-4	Howard	6.98	Bucknell Tune-Up	02/10/17
25	Hylton, Lloyd	JR-3	Morgan State	6.99	John Thomas Terrier Invitational	01/27/17

## 60m (Women)

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE
1	Crooke, Shenel	SR-4	Morgan State	7.40	2017 Armory Track Invitational (Colleges)	02/03/17
2	White, Kayla	SO-2	N. Carolina A&T	7.42	UNCG Early Bird Duals	12/04/16
3	Brown, India	JR-3	N. Carolina A&T	7.43	Virginia Tech Invitational	01/13/17
4	Morton, Meshala	JR-3	Hampton	7.50	Darius Dixon Memorial Invitational	01/27/17
5	Love, Yakira	SO-2	N. Carolina A&T	7.56	UNCG Early Bird Duals	12/04/16
6	White, Bethany	SO-2	N.C. Central	7.57	Camel City Invitational	02/03/17
7	Lumb, Ke'von	SR-4	Morgan State	7.61	2016 Yale Season Opener	12/10/16
7	Staten, Markiara	JR-3	N.C. Central	7.61	UNCG Early Bird Duals	12/04/16
9	Williams, Saenea	SO-2	Hampton	7.66	Clemson Tiger Paw Indoor	02/10/17
9	Morrison, Quamecha	SO-2	Bethune-Cookman	7.66	BSC Panther Indoor Icebreaker	12/02/16
11	Pitchford, Mallory	FR-1	Hampton	7.67	Darius Dixon Memorial Invitational	01/27/17
12	Ray, Tori	FR-1	N. Carolina A&T	7.69	Clemson Orange and Purple Indoor	01/07/17
12	Townsend, Taliyah	FR-1	N. Carolina A&T	7.69	UNCG Early Bird Duals	12/04/16
14	Rodgers, Deja	FR-1	South Carolina St.	7.71	Buccaneer Track & Field Invitational	02/02/17
15	Fields, Janay	SO-2	Norfolk State	7.72	CNU Holiday Open	12/04/16
16	McCreath-Tardiel, Sade	JR-3	Bethune-Cookman	7.73	BSC Panther Indoor Icebreaker	12/02/16
17	Lee, Tyrika	SO-2	Norfolk State	7.75	Penn State National	01/27/17
17	Joe, Asia	SO-2	Bethune-Cookman	7.75	2017 KMS Invitational	01/29/17
19	Akobundu, Madeleine	FR-1	N. Carolina A&T	7.77	Clemson Orange and Purple Indoor	01/07/17
20	Robinson, Tiara	SO-2	Hampton	7.78	Darius Dixon Memorial Invitational	01/27/17
20	Anderson, Charnice	FR-1	Morgan State	7.78	2017 Armory Track Invitational (Colleges)	02/03/17
22	Robertson, Taejah	SO-2	Norfolk State	7.81	Art & Linda Maillet UNC Open	01/14/17
22	Meads, Brittany	JR-3	Morgan State	7.81	2016 Yale Season Opener	12/10/16
24	Walker, Kionna	JR-3	South Carolina St.	7.82	Buccaneer Track & Field Invitational	02/02/17
24	Jones, Kevena	SO-2	Morgan State	7.82	2016 Yale Season Opener	12/10/16

## 200m (Men)

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE
1	Owusu-Antwi, Martin	SO-2	Coppin State	20.95	John Thomas Terrier Invitational	01/27/17
2	Belcher, Christopher	SR-4	N. Carolina A&T	21.08	Clemson Bob Pollock Indoor Invitational	01/27/17
3	Hamilton, Justin	SO-2	N. Carolina A&T	21.34	Virginia Tech Invitational	01/13/17
4	Brown, Nigel	SO-2	Savannah State	21.46	2017 Liberty Kick Off	01/20/17
5	Rowe, Rodney	SO-2	N. Carolina A&T	21.51	Clemson Bob Pollock Indoor Invitational	01/27/17
6	Williams, Jordan	FR-1	Bethune-Cookman	21.70	2017 KMS Invitational	01/29/17
7	Amoah, Joseph	FR-1	Coppin State	21.71	Boston University David Hemery Valentine Inv.	02/10/17
7	Gabriel, Caleb	SR-4	N. Carolina A&T	21.71	Clemson Bob Pollock Indoor Invitational	01/27/17
9	Harding, Dajuan	JR-3	N. Carolina A&T	21.74	Clemson Orange and Purple Indoor	01/07/17
10	Kemp, Demek	JR-3	South Carolina St.	21.75	Buccaneer Track & Field Invitational	02/02/17
11	Howell, Deyvon	JR-3	Morgan State	21.81	John Thomas Terrier Invitational	01/27/17
12	Scott, Olujimi	JR-3	Howard	21.85	Villanova Invitational	02/04/17
13	Ramsey, Rashad	SR-4	Norfolk State	21.86	2017 Liberty Kick Off	01/20/17
14	Nelson, Khorvon	SR-4	South Carolina St.	21.90	2017 Liberty Kick Off	01/20/17
14	Fair, Kareem	JR-3	Bethune-Cookman	21.90	BSC Panther Indoor Icebreaker	12/02/16
16	Brown, Michael	SR-4	Norfolk State	21.92	2017 Liberty Kick Off	01/20/17
17	Leggett, Justin	SO-2	Savannah State	22.01	Buccaneer Track & Field Invitational	02/02/17
18	Roberson, Joel	SR-4	Morgan State	22.08	2017 Armory Track Invitational (Colleges)	02/03/17
19	Thomas, Joel	JR-3	N. Carolina A&T	22.10	Hokie Invitational	01/19/17
20	Dickson, Michael	SO-2	N. Carolina A&T	22.11	Clemson Bob Pollock Indoor Invitational	01/27/17
21	Smith, Jamari	SO-2	Florida A&M	22.13 #	Wake Forest Invitational	01/21/17
21	Frye, Allan	JR-3	Norfolk State	22.13	2017 Liberty Kick Off	01/20/17
23	Wanjiru, Moffat	FR-1	Hampton	22.14	Clemson Tiger Paw Indoor	02/10/17
23	Leach, Kevin	JR-3	Morgan State	22.14 #	2017 Father Diamond	01/07/17
25	Banks, Jaylen	FR-1	Norfolk State	22.15	2017 Liberty Kick Off	01/20/17

## 200m (Women)

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE
1	Brown, India	JR-3	N. Carolina A&T	23.90	Hokie Invitational	01/19/17
2	Crooke, Shenel	SR-4	Morgan State	24.05	John Thomas Terrier Invitational	01/27/17
3	Morton, Meshala	JR-3	Hampton	24.08	Clemson Tiger Paw Indoor	02/10/17
4	Love, Yakira	SO-2	N. Carolina A&T	24.48	Liberty Elite Invitational	02/10/17
5	Ray, Tori	FR-1	N. Carolina A&T	24.70	Hokie Invitational	01/19/17
6	Anderson, Charnice	FR-1	Morgan State	24.74	John Thomas Terrier Invitational	01/27/17
7	Morrison, Quamecha	SO-2	Bethune-Cookman	24.76 #	Camel City Invitational	02/03/17
8	Williams, Sun-Sara	FR-1	N. Carolina A&T	24.77 #	UNCG Early Bird Duals	12/04/16
9	Barham, Annastacia	SO-2	Morgan State	24.79	John Thomas Terrier Invitational	01/27/17
10	Townsend, Taliyah	FR-1	N. Carolina A&T	24.85	Hokie Invitational	01/19/17
11	John, Nickheila	SR-4	Norfolk State	24.98 #	Vince Brown Invitational	02/04/17
11	Joe, Asia	SO-2	Bethune-Cookman	24.98	2017 KMS Invitational	01/29/17
13	Rodgers, Deja	FR-1	South Carolina St.	24.99	Buccaneer Track & Field Invitational	02/02/17
14	White, Bethany	SO-2	N.C. Central	25.00 #	Camel City Invitational	02/03/17
15	Meads, Brittany	JR-3	Morgan State	25.03	John Thomas Terrier Invitational	01/27/17
15	Lee, Tyrika	SO-2	Norfolk State	25.03	Penn State National	01/27/17
17	Robinson, Tiara	SO-2	Hampton	25.06	Clemson Tiger Paw Indoor	02/10/17
18	Moodie, Christina	SR-4	Florida A&M	25.09	University of South Alabama Invitational	02/05/17
18	Jones, Kevena	SO-2	Morgan State	25.09	John Thomas Terrier Invitational	01/27/17
20	Williams, Saenea	SO-2	Hampton	25.11	Clemson Tiger Paw Indoor	02/10/17
21	Knight, Morgan	JR-3	N. Carolina A&T	25.19	Virginia Tech Invitational	01/13/17
22	Umunakwe, Dypna	SR-4	Maryland-Eastern Shore	25.21	2017 Wesley A. Brown Women's Invitational	01/28/17
23	Gabriel, Luan	JR-3	Maryland-Eastern Shore	25.28	2017 Wesley A. Brown Women's Invitational	01/28/17
24	Macon, Asya	FR-1	N. Carolina A&T	25.29 #	UNCG Early Bird Duals	12/04/16
24	Bryant, Miaysha	SO-2	N.C. Central	25.29 #	UNCG Early Bird Duals	12/04/16

## 400m (Men)

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE
1	Roberson, Joel	SR-4	Morgan State	47.92	John Thomas Terrier Invitational	01/27/17
2	Beatty, Justin	JR-3	Hampton	47.97	Clemson Tiger Paw Indoor	02/10/17
3	Black, Rayon	SR-4	Hampton	48.08	Clemson Tiger Paw Indoor	02/10/17
3	Harding, Dajuan	JR-3	N. Carolina A&T	48.08	Clemson Bob Pollock Indoor Invitational	01/27/17
5	Scott, Olujimi	JR-3	Howard	48.15	Villanova Invitational	02/04/17
6	Moore, Jonathan	JR-3	Bethune-Cookman	48.55 #	Camel City Invitational	02/03/17
7	Hamilton, Justin	SO-2	N. Carolina A&T	48.68	Liberty Elite Invitational	02/10/17
8	Smith, Jamari	SO-2	Florida A&M	48.74 #	Wake Forest Invitational	01/21/17
9	Hayles, Fabian	SR-4	Coppin State	48.82	Boston University David Hemery Valentine Inv.	02/10/17
10	Williams, Jaelen	FR-1	Hampton	48.84	2017 Armory Track Invitational (Colleges)	02/03/17
11	Banks, Jaylen	FR-1	Norfolk State	48.87 #	Art & Linda Mailet UNC Open	01/14/17
12	Tatum, Malcum	FR-1	N.C. Central	48.90 #	UNCG Early Bird Duals	12/04/16
13	Ramsey, Rashad	SR-4	Norfolk State	48.93	Penn State National	01/27/17
14	Nelson, Khorvon	SR-4	South Carolina St.	48.94	Buccaneer Track & Field Invitational	02/02/17
15	Owusu-Antwi, Martin	SO-2	Coppin State	49.04 #	UMES Coach O Collegiate Invitational	01/07/17
16	Johnson, Gabriel	JR-3	Hampton	49.12	Clemson Tiger Paw Indoor	02/10/17
17	Ellis-Foster, Morgan	SO-2	Savannah State	49.14	2017 Liberty Kick Off	01/20/17

18	Claggett, Dorian	SR-4	N. Carolina A&T	49.15 #	Camel City Invitational	02/03/17
19	Leach, Kevin	JR-3	Morgan State	49.20	John Thomas Terrier Invitational	01/27/17
20	Pierre, Akhenaton	SR-4	Morgan State	49.27	John Thomas Terrier Invitational	01/27/17
21	Powell, Jerrick	SO-2	Hampton	49.31	Clemson Tiger Paw Indoor	02/10/17
22	Howell, Deyvon	JR-3	Morgan State	49.35	2016 Navy Invitational Track and Field Meet	12/03/16
23	Tyler, Jason	FR-1	Morgan State	49.47	2016 Navy Invitational Track and Field Meet	12/03/16
24	Edwards Jr., Carlton	SR-4	N.C. Central	49.49 #	JDL College Team Challenge	02/09/17
25	Harriott, Caniggia	FR-1	Morgan State	49.50	John Thomas Terrier Invitational	01/27/17

## 400m (Women)

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE
1	Ray, Tori	FR-1	N. Carolina A&T	55.71	Hokie Invitational	01/19/17
2	Meads, Brittany	JR-3	Morgan State	55.83	John Thomas Terrier Invitational	01/27/17
3	Gordon, Omealla	SR-4	Delaware State	56.29	Towson Tiger Invitational	01/14/17
4	John, Nickheila	SR-4	Norfolk State	56.35	Penn State National	01/27/17
5	Barham, Annastacia	SO-2	Morgan State	56.72 #	Terrapin Invitational 2017	01/21/17
6	Macon, Asya	FR-1	N. Carolina A&T	56.85	Clemson Bob Pollock Indoor Invitational	01/27/17
7	Lewis, Mia	FR-1	Florida A&M	57.02	Samford Friday Invite	02/10/17
8	Ashe, Payton	JR-3	South Carolina St.	57.18 #	UNCG Early Bird Duals	12/04/16
9	Moodie, Christina	SR-4	Florida A&M	57.19	University of South Alabama Invitational	02/05/17
10	Joe, Asia	SO-2	Bethune-Cookman	57.38 #	Camel City Invitational	02/03/17
11	Umunakwe, Dypna	SR-4	Maryland-Eastern Shore	57.43 #	Terrapin Invitational 2017	01/21/17
12	Cole, Michelle	SR-4	Howard	57.49	Villanova Invitational	02/04/17
13	Hodnett, Tatyana	JR-3	Bethune-Cookman	57.50	2017 KMS Invitational	01/29/17
14	Seabrook, Kiana	SO-2	N.C. Central	57.55 #	Captains Invitational & Combined Events	01/20/17
15	Smoot, Jaleesa	SO-2	N.C. Central	57.64 #	JDL College Team Challenge	02/09/17
16	Gilbert, Lenneisha	SO-2	Maryland-Eastern Shore	57.66	Villanova Invitational	02/04/17
17	Hinds, Sashana	FR-1	Hampton	57.72	Clemson Tiger Paw Indoor	02/10/17
18	Smith, Chantai	SO-2	Morgan State	57.74	2016 Yale Season Opener	12/10/16
19	Dowe, Faleesha	JR-3	Delaware State	57.75 #	Terrapin Invitational 2017	01/21/17
20	Hale, Aliyah	SO-2	Howard	57.81	Villanova Invitational	02/04/17
21	Townsend, Taliyah	FR-1	N. Carolina A&T	57.82 #	Camel City Invitational	02/03/17
22	Sellers, Siani	FR-1	Morgan State	57.84	John Thomas Terrier Invitational	01/27/17
23	Gabriel, Luan	JR-3	Maryland-Eastern Shore	57.87	2017 Wesley A. Brown Women's Invitational	01/28/17
24	Fullwood, Chazmin	SO-2	Norfolk State	57.97	2017 Liberty Kick Off	01/20/17
25	McDowell, Valencia	FR-1	Morgan State	57.99	2016 Yale Season Opener	12/10/16

## 800m (Men)

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE
1	Davis, Stanley	JR-3	Hampton	1:49.63	Clemson Tiger Paw Indoor	02/10/17
2	James, Michael	SR-4	Coppin State	1:50.88	Boston University David Hemery Valentine Inv.	02/10/17
3	Ball, Ronaldo	SR-4	Coppin State	1:51.10	John Thomas Terrier Invitational	01/27/17
4	Johnson, Onyx	SR-4	Morgan State	1:51.79	John Thomas Terrier Invitational	01/27/17
5	Moore, Jonathan	JR-3	Bethune-Cookman	1:52.13 #	Camel City Invitational	02/03/17
6	Aiken, Corey	SR-4	N. Carolina A&T	1:52.26 #	UNCG Early Bird Duals	12/04/16
7	Abbkar, Abbas	FR-1	Savannah State	1:53.41	Buccaneer Track & Field Invitational	02/02/17
8	Burris, Tayvon	SO-2	Hampton	1:53.49	Clemson Tiger Paw Indoor	02/10/17
9	James, Deandre	SR-4	N.C. Central	1:53.95 #	UNCG Early Bird Duals	12/04/16
10	Hayles, Fabian	SR-4	Coppin State	1:54.53	John Thomas Terrier Invitational	01/27/17
11	McGee, Marquise	FR-1	N. Carolina A&T	1:54.59 #	UNCG Early Bird Duals	12/04/16
12	Bah, Mohamed	JR-3	Howard	1:54.61 #	Bucknell Tune-Up	02/10/17
13	Mundy, Donovan	JR-3	Maryland-Eastern Shore	1:54.71	Villanova Invitational	02/04/17
14	Jackson, Christopher	JR-3	Bethune-Cookman	1:54.74 #	Camel City Invitational	02/03/17
15	Brown, Coy	FR-1	N. Carolina A&T	1:54.75 #	UNCG Early Bird Duals	12/04/16
16	McCullough, Geoffrey	FR-1	Hampton	1:55.13	2017 Armory Track Invitational (Colleges)	02/03/17
17	Beatty, Justin	JR-3	Hampton	1:55.26 #	JDL College Kick-off Classic	12/03/16
18	Burgess, Cameron	FR-1	Delaware State	1:55.58	2017 Wesley A. Brown Men's Invitational	01/28/17
19	Kiprotich, Felix	FR-1	Norfolk State	1:55.90 #	Art & Linda Maillot UNC Open	01/14/17
20	Stowe, Steve	SR-4	N. Carolina A&T	1:56.04	Clemson Bob Pollock Indoor Invitational	01/27/17
21	Guerrero, Alberto	SO-2	Maryland-Eastern Shore	1:56.50 #	UMES College Lid-Lifter	12/03/16
22	Petty, DeAndre	FR-1	Bethune-Cookman	1:56.74 #	Camel City Invitational	02/03/17
23	Amobi, Gerald	FR-1	Delaware State	1:56.91	2017 Wesley A. Brown Men's Invitational	01/28/17
24	Ellis, Eric	JR-3	Hampton	1:57.71	Clemson Tiger Paw Indoor	02/10/17
25	Ward, Damonte	FR-1	N. Carolina A&T	1:57.76	Clemson Orange and Purple Indoor	01/07/17

## 800m (Women)

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE
1	Bissah, Martha	FR-1	Norfolk State	2:09.42	Penn State National	01/27/17
2	Butler, G'Jasmyne	FR-1	N. Carolina A&T	2:12.42 #	Camel City Invitational	02/03/17
3	Higgins, Candice	SO-2	Norfolk State	2:13.94	Penn State National	01/27/17
4	Hodnett, Tatyana	JR-3	Bethune-Cookman	2:14.12 #	Camel City Invitational	02/03/17
5	Benson, Sydney	FR-1	Howard	2:14.23	Villanova Invitational	02/04/17

6	Johnson, Destiny	JR-3	Florida A&M	2:14.27	Samford Friday Invite	02/10/17
7	Smith, Chantai	SO-2	Morgan State	2:14.40 #	2017 Father Diamond	01/07/17
8	Coleman, Imani	SR-4	N. Carolina A&T	2:14.49 #	Camel City Invitational	02/03/17
9	Barnes, Kristoni	FR-1	N. Carolina A&T	2:14.90	Hokie Invitational	01/19/17
10	McDowell, Valencia	FR-1	Morgan State	2:15.96	NAVY Women's Lid-Lifter Track & Field Meet	12/01/16
11	Gilbert, Lenneisha	SO-2	Maryland-Eastern Shore	2:16.65	2017 Wesley A. Brown Women's Invitational	01/28/17
12	Hardy, Jasmine	SO-2	Howard	2:17.03 #	Bucknell Tune-Up	02/10/17
13	Delacruz, Amanda	SR-4	Hampton	2:17.11	Clemson Tiger Paw Indoor	02/10/17
14	Hield, Jennaya	SR-4	Maryland-Eastern Shore	2:17.42	2017 Wesley A. Brown Women's Invitational	01/28/17
15	Evans, Alysha	FR-1	Hampton	2:18.93	Clemson Tiger Paw Indoor	02/10/17
16	Quinonero, Neus	SO-2	Maryland-Eastern Shore	2:19.01	Villanova Invitational	02/04/17
17	Souffrant, Ashley	JR-3	Morgan State	2:19.83	John Thomas Terrier Invitational	01/27/17
18	Baynes, Alexis	SO-2	Morgan State	2:19.99	2016 Yale Season Opener	12/10/16
19	Martin, Camille	FR-1	N. Carolina A&T	2:22.08	Clemson Bob Pollock Indoor Invitational	01/27/17
20	Green, Miranda	SR-4	N. Carolina A&T	2:22.14	Clemson Orange and Purple Indoor	01/07/17
21	Ruth, Nia	SR-4	Bethune-Cookman	2:22.45 #	Camel City Invitational	02/03/17
21	Reid, Khadijah	FR-1	N. Carolina A&T	2:22.45 #	Camel City Invitational	02/03/17
23	Hardy, Jade	SO-2	Howard	2:22.49	Villanova Open	01/27/17
24	Matthews, Nakai	FR-1	N.C. Central	2:23.74 #	JDL College Team Challenge	02/09/17
25	Gordon, Omealla	SR-4	Delaware State	2:24.02 #	Terrapin Invitational 2017	01/21/17

## Mile (Men)

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE
1	Rmidi Kinini , Khalil	SR-4	Maryland-Eastern Shore	4:05.08	Villanova Invitational	02/04/17
2	Chouati, Oussama	JR-3	Maryland-Eastern Shore	4:14.06	Villanova Invitational	02/04/17
3	Kiprotich, Felix	FR-1	Norfolk State	4:16.72	Penn State National	01/27/17
4	Ball, Ronaldo	SR-4	Coppin State	4:17.55	Boston University David Hemery Valentine Inv.	02/10/17
5	Bah, Mohamed	JR-3	Howard	4:18.59 #	Terrapin Invitational 2017	01/21/17
6	McCullough, Geoffrey	FR-1	Hampton	4:18.90	Clemson Tiger Paw Indoor	02/10/17
7	Davis, Stanley	JR-3	Hampton	4:18.98	2017 Armory Track Invitational (Colleges)	02/03/17
8	Mundy, Donovan	JR-3	Maryland-Eastern Shore	4:19.00	Towson Tiger Invitational	01/14/17
9	White, Darren	SR-4	N. Carolina A&T	4:19.10 #	Camel City Invitational	02/03/17
10	Korir, Ronald	SO-2	Norfolk State	4:19.47 #	Vince Brown Invitational	02/04/17
11	Too, Emmanuel	SO-2	Hampton	4:19.79	Clemson Tiger Paw Indoor	02/10/17
12	Fogg, Desmond	SR-4	Norfolk State	4:23.39 #	Vince Brown Invitational	02/04/17
13	James, Michael	SR-4	Coppin State	4:23.76	NYC Gotham Cup	01/20/17
14	Moore, Jonathan	JR-3	Bethune-Cookman	4:25.32	BSC Panther Indoor Icebreaker	12/02/16
15	McGee, Marquise	FR-1	N. Carolina A&T	4:25.45 #	Camel City Invitational	02/03/17
16	Aiken, Corey	SR-4	N. Carolina A&T	4:25.99	Clemson Bob Pollock Indoor Invitational	01/27/17
17	Demsie, Haileysus	JR-3	Norfolk State	4:27.17	2017 Liberty Kick Off	01/20/17
18	Abbkar, Abbas	FR-1	Savannah State	4:27.23	UAB Vulcan Invitational	01/14/17
19	Stowe, Steve	SR-4	N. Carolina A&T	4:27.59 #	Camel City Invitational	02/03/17
20	Bett, Festus	FR-1	Norfolk State	4:28.04	Penn State National	01/27/17
21	Maddox, Daquan	FR-1	N. Carolina A&T	4:28.13 #	Camel City Invitational	02/03/17
22	Joseph, Halim	FR-1	Morgan State	4:29.13	2017 Armory Track Invitational (Colleges)	02/03/17
23	Girma, Anteneh	SO-2	Norfolk State	4:29.29	Penn State National	01/27/17
24	Cabean, Perry	SR-4	N. Carolina A&T	4:29.60 #	Wake Forest Invitational	01/21/17
25	Fantaye, Tomas	SO-2	Norfolk State	4:29.70 #	Art & Linda Maillet UNC Open	01/14/17

## Mile (Women)

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE
1	Kibii, Judith	JR-3	Florida A&M	4:59.46 #	Wake Forest Invitational	01/21/17
2	Bissah, Martha	FR-1	Norfolk State	5:06.84 #	Art & Linda Maillet UNC Open	01/14/17
3	Hield, Jennaya	SR-4	Maryland-Eastern Shore	5:07.19	Villanova Invitational	02/04/17
4	Green, Miranda	SR-4	N. Carolina A&T	5:09.96 #	Camel City Invitational	02/03/17
5	Higgins, Candice	SO-2	Norfolk State	5:10.20 #	Art & Linda Maillet UNC Open	01/14/17
6	Butler, G'Jasmyne	FR-1	N. Carolina A&T	5:12.22	Clemson Orange and Purple Indoor	01/07/17
7	Velasco, Pollyanna	SO-2	Hampton	5:14.35	Hokie Invitational	01/19/17
8	Delacruz, Amanda	SR-4	Hampton	5:16.03	2017 Armory Track Invitational (Colleges)	02/03/17
9	Hardy, Jade	SO-2	Howard	5:19.52 #	Bucknell Tune-Up	02/10/17
10	Kiplagat, Emmax	FR-1	Florida A&M	5:22.28	University of South Alabama Invitational	02/05/17
11	Hodnett, Tatyana	JR-3	Bethune-Cookman	5:22.29	2017 Liberty Kick Off	01/20/17
12	Coleman, Imani	SR-4	N. Carolina A&T	5:22.51	Clemson Bob Pollock Indoor Invitational	01/27/17
13	Quinonero, Neus	SO-2	Maryland-Eastern Shore	5:24.11	Towson Tiger Invitational	01/14/17
14	Martin, Camille	FR-1	N. Carolina A&T	5:24.48 #	Art & Linda Maillet UNC Open	01/14/17
15	Counts, Simone	JR-3	Howard	5:25.58 #	Bucknell Tune-Up	02/10/17
16	Tanui, Naomi	SO-2	Florida A&M	5:28.91	University of South Alabama Invitational	02/05/17
17	Ogundeko, Tatiana	FR-1	Coppin State	5:30.39 #	CNU Holiday Open	12/04/16
18	Johnson, Asia	FR-1	Hampton	5:31.30	2017 Armory Track Invitational (Colleges)	02/03/17
19	Johnson, Destiny	JR-3	Florida A&M	5:31.56	UAB Blazer Invitational	01/13/17
20	Smith, Chantai	SO-2	Morgan State	5:31.71	Towson Tiger Invitational	01/14/17
21	Higgins, Alycia	FR-1	Hampton	5:32.29	Clemson Tiger Paw Indoor	02/10/17
22	Pollock, Briana	SO-2	Bethune-Cookman	5:33.96	BSC Panther Indoor Icebreaker	12/02/16
23	Kvitkauskas, Nicole	SO-2	Florida A&M	5:34.34	UAB Blazer Invitational	01/13/17
24	Lewis, Anika	SO-2	South Carolina St.	5:36.83 #	UNCG Early Bird Duals	12/04/16

25	Escobedo, Karen	JR-3	Morgan State	5:37.32	NAVY Women's Lid-Lifter Track & Field Meet	12/01/16
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## 3000m (Men)

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE
1	Rmidi Kinini , Khalil	SR-4	Maryland-Eastern Shore	8:04.28	Boston University David Hemery Valentine Inv.	02/10/17
2	Korir, Ronald	SO-2	Norfolk State	8:30.94	Penn State National	01/27/17
3	Kiprotich, Felix	FR-1	Norfolk State	8:31.31 #	Vince Brown Invitational	02/04/17
4	Bett, Festus	FR-1	Norfolk State	8:39.05 #	CNU Holiday Open	12/04/16
5	Demsie, Haileysus	JR-3	Norfolk State	8:39.10 #	Vince Brown Invitational	02/04/17
6	Girma, Anteneh	SO-2	Norfolk State	8:40.65 #	CNU Holiday Open	12/04/16
7	Chouati, Oussama	JR-3	Maryland-Eastern Shore	8:43.02	Towson Tiger Invitational	01/14/17
8	Leon, Jordan	SO-2	Maryland-Eastern Shore	8:47.21	Towson Tiger Invitational	01/14/17
9	Mundy, Donovan	JR-3	Maryland-Eastern Shore	8:47.59	2017 Wesley A. Brown Men's Invitational	01/28/17
10	White, Darren	SR-4	N. Carolina A&T	8:48.83	Clemson Orange and Purple Indoor	01/07/17
11	Cabean, Perry	SR-4	N. Carolina A&T	8:49.27 #	Art & Linda Maillet UNC Open	01/14/17
12	Meli, Stanley	JR-3	Maryland-Eastern Shore	8:49.38	Navy Men's Track & Field Invitational #3	01/21/17
13	Fantaye, Tomas	SO-2	Norfolk State	8:49.48 #	CNU Holiday Open	12/04/16
14	Too, Emmanuel	SO-2	Hampton	8:50.25	Darius Dixon Memorial Invitational	01/27/17
15	Walton, Xavier	SO-2	Bethune-Cookman	8:55.10	BSC Panther Indoor Icebreaker	12/02/16
16	Whitehead, Nassor	SR-4	Maryland-Eastern Shore	9:01.29 #	UMES College Lid-Lifter	12/03/16
17	Kiptoo, Daniel	SO-2	Bethune-Cookman	9:01.78 #	Camel City Invitational	02/03/17
18	McCullough, Geoffrey	FR-1	Hampton	9:04.69	Hokie Invitational	01/19/17
19	Cime, Hector	FR-1	Maryland-Eastern Shore	9:06.31 #	UMES College Lid-Lifter	12/03/16
20	Atakilti, Sahu	FR-1	Savannah State	9:12.10 #	UNCG Early Bird Duals	12/04/16
21	Mustafaa, Hakeem	SO-2	N. Carolina A&T	9:13.69 #	Camel City Invitational	02/03/17
22	Joseph, Halim	FR-1	Morgan State	9:17.85 #	2017 Father Diamond	01/07/17
23	Coward, Greg	SR-4	N.C. Central	9:23.91 #	Captains Invitational & Combined Events	01/20/17
24	Gill, Hasan	FR-1	Delaware State	9:26.82	Villanova Invitational	02/04/17
25	Smith, Michael	JR-3	Savannah State	9:29.09	2017 Liberty Kick Off	01/20/17

## 3000m (Women)

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE
1	Okeago, Janet	FR-1	Hampton	9:53.02	Clemson Tiger Paw Indoor	02/10/17
2	Kibii, Judith	JR-3	Florida A&M	10:05.53	UAB Vulcan Invitational	01/14/17
3	Bissah, Martha	FR-1	Norfolk State	10:06.41 #	Vince Brown Invitational	02/04/17
4	Keitany, Faith	FR-1	Hampton	10:14.70	Clemson Tiger Paw Indoor	02/10/17
5	Higgins, Candice	SO-2	Norfolk State	10:23.35 #	Vince Brown Invitational	02/04/17
6	Davis, Deja	JR-3	Bethune-Cookman	10:30.51	BSC Panther Indoor Icebreaker	12/02/16
7	Limo, Fridah	JR-3	Florida A&M	10:33.22	University of South Alabama Invitational	02/05/17
8	Hield, Jennaya	SR-4	Maryland-Eastern Shore	10:35.36 #	Terrapin Invitational 2017	01/21/17
9	Jerop, Sharon	FR-1	Maryland-Eastern Shore	10:50.18	Villanova Invitational	02/04/17
10	Martin, Camille	FR-1	N. Carolina A&T	10:50.81 #	Wake Forest Invitational	01/21/17
11	Kiplagat, Caroline	SO-2	Florida A&M	10:51.52	University of South Alabama Invitational	02/05/17
12	Kiplagat, Emmax	FR-1	Florida A&M	10:53.68	UAB Vulcan Invitational	01/14/17
13	Escobedo, Karen	JR-3	Morgan State	10:55.85 #	Terrapin Invitational 2017	01/21/17
14	Velasco, Pollyanna	SO-2	Hampton	10:58.19	Hokie Invitational	01/19/17
15	Samoei, Caroline	FR-1	Norfolk State	11:01.09 #	Vince Brown Invitational	02/04/17
16	Kvitkauskas, Nicole	SO-2	Florida A&M	11:02.97	UAB Vulcan Invitational	01/14/17
17	Green, Miranda	SR-4	N. Carolina A&T	11:04.87 #	UNCG Early Bird Duals	12/04/16
18	Johnson, Asia	FR-1	Hampton	11:07.15	Darius Dixon Memorial Invitational	01/27/17
19	Higgins, Alycia	FR-1	Hampton	11:11.60 #	Vince Brown Invitational	02/04/17
20	Tanui, Naomi	SO-2	Florida A&M	11:23.45	UAB Blazer Invitational	01/13/17
21	Woodson, Linei	FR-1	Norfolk State	11:24.63 #	Vince Brown Invitational	02/04/17
22	Delacruz, Amanda	SR-4	Hampton	11:28.11	Hokie Invitational	01/19/17
23	Koeh, Ashah	FR-1	Norfolk State	11:32.50 #	Vince Brown Invitational	02/04/17
24	Gibson, Lunnise	SO-2	Coppin State	11:34.14 #	2017 Father Diamond	01/07/17
25	Gourrier, Cionne	SO-2	Coppin State	11:38.02	2017 Wesley A. Brown Women's Invitational	01/28/17

## 5000m (Men)

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE
1	Rmidi Kinini , Khalil	SR-4	Maryland-Eastern Shore	14:17.22	2017 Wesley A. Brown Men's Invitational	01/28/17
2	Demsie, Haileysus	JR-3	Norfolk State	14:57.21 #	Vince Brown Invitational	02/04/17
3	White, Darren	SR-4	N. Carolina A&T	14:57.56 #	CNU Holiday Open	12/04/16
4	Girma, Anteneh	SO-2	Norfolk State	15:03.53 #	Vince Brown Invitational	02/04/17
5	Leon, Jordan	SO-2	Maryland-Eastern Shore	15:10.42	2017 Wesley A. Brown Men's Invitational	01/28/17
6	Kiprotich, Felix	FR-1	Norfolk State	15:11.66 #	Art & Linda Maillet UNC Open	01/14/17
7	Korir, Ronald	SO-2	Norfolk State	15:13.25 #	Art & Linda Maillet UNC Open	01/14/17
8	Meli, Stanley	JR-3	Maryland-Eastern Shore	15:28.98	2017 Wesley A. Brown Men's Invitational	01/28/17
9	Cabean, Perry	SR-4	N. Carolina A&T	15:33.38 #	Camel City Invitational	02/03/17
10	Too, Emmanuel	SO-2	Hampton	15:34.00 #	CNU Holiday Open	12/04/16
11	Walton, Xavier	SO-2	Bethune-Cookman	15:34.06	2017 Liberty Kick Off	01/20/17
12	Bett, Festus	FR-1	Norfolk State	15:46.68 #	Art & Linda Maillet UNC Open	01/14/17

13	Chouati, Oussama	JR-3	Maryland-Eastern Shore	15:48.38	2017 Wesley A. Brown Men's Invitational	01/28/17
14	Whitehead, Nassor	SR-4	Maryland-Eastern Shore	16:01.69	2017 Wesley A. Brown Men's Invitational	01/28/17
15	Kiptoo, Daniel	SO-2	Bethune-Cookman	16:27.11	2017 Liberty Kick Off	01/20/17
16	Mustafaa, Hakeem	SO-2	N. Carolina A&T	16:32.30 #	CNU Holiday Open	12/04/16
17	Gill, Hasan	FR-1	Delaware State	16:52.98	2017 Wesley A. Brown Men's Invitational	01/28/17
18	Wanene, Joseph	SO-2	Norfolk State	16:56.85 #	Art & Linda Maillet UNC Open	01/14/17
19	Danjont, Seth	JR-3	Delaware State	18:07.18 #	UMES Coach O Collegiate Invitational	01/07/17
20	Cime, Hector	FR-1	Maryland-Eastern Shore	18:52.59 #	UMES Coach O Collegiate Invitational	01/07/17

## 5000m (Women)

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE
1	Kibii, Judith	JR-3	Florida A&M	17:10.65	University of South Alabama Invitational	02/05/17
2	Okeago, Janet	FR-1	Hampton	17:13.23	Clemson Tiger Paw Indoor	02/10/17
3	Keitany, Faith	FR-1	Hampton	17:48.38	Clemson Tiger Paw Indoor	02/10/17
4	Higgins, Alycia	FR-1	Hampton	18:19.43 #	Vince Brown Invitational	02/04/17
5	Limo, Fridah	JR-3	Florida A&M	18:22.73	UAB Vulcan Invitational	01/14/17
6	Jerop, Sharon	FR-1	Maryland-Eastern Shore	18:30.84 #	Terrapin Invitational 2017	01/21/17
7	Velasco, Pollyanna	SO-2	Hampton	18:34.46 #	CNU Holiday Open	12/04/16
8	Kiplagat, Emmax	FR-1	Florida A&M	18:41.96	UAB Blazer Invitational	01/13/17
9	Tanui, Naomi	SO-2	Florida A&M	19:08.00	UAB Vulcan Invitational	01/14/17
10	Johnson, Asia	FR-1	Hampton	19:12.50	Darius Dixon Memorial Invitational	01/27/17
11	Escobedo, Karen	JR-3	Morgan State	19:12.65	2016 Yale Season Opener	12/10/16
12	Kiplagat, Caroline	SO-2	Florida A&M	19:14.59	UAB Vulcan Invitational	01/14/17
13	Kvitkauskas, Nicole	SO-2	Florida A&M	19:18.43 #	Wake Forest Invitational	01/21/17
14	Delacruz, Amanda	SR-4	Hampton	19:19.83 #	CNU Holiday Open	12/04/16
15	Samoei, Caroline	FR-1	Norfolk State	19:40.18 #	Art & Linda Maillet UNC Open	01/14/17
16	Koech, Ashah	FR-1	Norfolk State	20:05.22 #	Vince Brown Invitational	02/04/17
17	Kibet , Gladys	FR-1	Hampton	20:13.48 #	Vince Brown Invitational	02/04/17
18	Jerop, Nelly	FR-1	Norfolk State	20:28.27 #	Vince Brown Invitational	02/04/17

## 60H (Men)

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE
1	Dickson, Michael	SO-2	N. Carolina A&T	7.63	Camel City Invitational	02/03/17
2	Townsend, Todd	SR-4	N. Carolina A&T	7.83	Clemson Bob Pollock Indoor Invitational	01/27/17
3	Graham, Charles	SO-2	Hampton	7.92	Clemson Tiger Paw Indoor	02/10/17
4	Miller, Robert	FR-1	N. Carolina A&T	8.05	Camel City Invitational	02/03/17
5	Jackson, TeQuille	JR-3	N. Carolina A&T	8.07	Virginia Tech Invitational	01/13/17
6	Frye, Allan	JR-3	Norfolk State	8.11	CNU Holiday Open	12/04/16
7	Showalter, Taj	SR-4	Maryland-Eastern Shore	8.14	Villanova Invitational	02/04/17
8	Hairston, Devon	SO-2	Morgan State	8.15	2017 Armory Track Invitational (Colleges)	02/03/17
8	Gaddist, Christopher	SR-4	South Carolina St.	8.15	Buccaneer Track & Field Invitational	02/02/17
10	Lewis, Aaron	FR-1	Coppin State	8.16	Boston University David Hemery Valentine Inv.	02/10/17
11	Lewis, Malik	SR-4	Bethune-Cookman	8.20	Camel City Invitational	02/03/17
12	Lambert, Kiyair	JR-3	Delaware State	8.26	Towson Tiger Invitational	01/14/17
13	Asamoah, Wilfred	SR-4	Morgan State	8.28	John Thomas Terrier Invitational	01/27/17
14	McReynolds, Jeffrey	SO-2	South Carolina St.	8.32	Buccaneer Track & Field Invitational	02/02/17
14	Ellis-Foster, Morgan	SO-2	Savannah State	8.32	2017 Liberty Kick Off	01/20/17
16	Kennedy, Moses	JR-3	South Carolina St.	8.35	Buccaneer Track & Field Invitational	02/02/17
16	Lemonious, Dominick	FR-1	N.C. Central	8.35	Camel City Invitational	02/03/17
18	Williams, Jaelen	FR-1	Hampton	8.39	Hokie Invitational	01/19/17
18	Jones, James	SO-2	South Carolina St.	8.39	Buccaneer Track & Field Invitational	02/02/17
20	Williams, Jordan	FR-1	Bethune-Cookman	8.45	2017 KMS Invitational	01/29/17
21	Robertson, Abraham	JR-3	Howard	8.46	Bucknell Tune-Up	02/10/17
22	Norris, Isaiah	FR-1	Hampton	8.48	JDL College Kick-off Classic	12/03/16
23	Pritchett, Kymere	SO-2	Coppin State	8.49	Towson Tiger Invitational	01/14/17
24	Woods, Gabriel	FR-1	Savannah State	8.52	UNCG Early Bird Duals	12/04/16
25	Goodliitt, Kurt	FR-1	Morgan State	8.55	2016 Yale Season Opener	12/10/16

## 60H (Women)

RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE
1	White, Kayla	SO-2	N. Carolina A&T	8.27	UNCG Early Bird Duals	12/04/16
2	Knight, Morgan	JR-3	N. Carolina A&T	8.42	Camel City Invitational	02/03/17
3	Akobundu, Madeleine	FR-1	N. Carolina A&T	8.58	Camel City Invitational	02/03/17
4	Pitchford, Mallory	FR-1	Hampton	8.60	2017 Armory Track Invitational (Colleges)	02/03/17
5	Wood, Alahni	FR-1	Florida A&M	8.62	University of South Alabama Invitational	02/05/17
5	Mcmillan, Kylie	SO-2	Hampton	8.62	Vince Brown Invitational	02/04/17
7	Leitch, Shelasia	SR-4	Maryland-Eastern Shore	8.68	Towson Tiger Invitational	01/14/17
8	Onuoha, Uchechi	SO-2	Howard	8.72	UMES College Lid-Lifter	12/03/16
9	Morrison, Quamecha	SO-2	Bethune-Cookman	8.73	2017 Liberty Kick Off	01/20/17
10	Robertson, Taejah	SO-2	Norfolk State	8.74	Art & Linda Maillet UNC Open	01/14/17
11	Stevenson, Deja	FR-1	N.C. Central	8.86	JDL College Team Challenge	02/09/17
12	Wells, T'Nai	FR-1	Norfolk State	8.92	Penn State National	01/27/17

13	Scott, Kaitlin	SO-2	Hampton	8.93	Vince Brown Invitational	02/04/17
13	Cooper, Saborrah	SO-2	Morgan State	8.93	2017 Armory Track Invitational (Colleges)	02/03/17
15	Jordan, Taije	SR-4	Hampton	8.99	Clemson Tiger Paw Indoor	02/10/17
16	Davis, Sydney	SO-2	Hampton	9.02	Vince Brown Invitational	02/04/17
17	Moore, Jasmine	FR-1	N. Carolina A&T	9.04	UNCG Early Bird Duals	12/04/16
18	Dickenson, Tahirah	SR-4	Howard	9.06	UMES College Lid-Lifter	12/03/16
19	Hagwood, Breana	SR-4	Coppin State	9.13	2017 Wesley A. Brown Women's Invitational	01/28/17
20	Bradford, Shakaria	SO-2	South Carolina St.	9.14	Clemson Orange and Purple Indoor	01/07/17
21	Harris, Taleya	SO-2	Howard	9.18	Bucknell Tune-Up	02/10/17
22	Whitfield, Najah	FR-1	Bethune-Cookman	9.19	Camel City Invitational	02/03/17
23	Nguetta, Britney	FR-1	Delaware State	9.20	2017 Wesley A. Brown Women's Invitational	01/28/17
24	Davis-Hines, Daijah	SO-2	Morgan State	9.22	2016 Yale Season Opener	12/10/16
25	Eley, Crystal	SO-2	Hampton	9.23	Patriot Games	01/28/17

## 4 x 400 Relay (Men)

RANK	TEAM	TIME	MEET	MEET DATE
1	Hampton	3:11.63	Clemson Tiger Paw Indoor	02/10/17
2	Morgan State	3:12.58	John Thomas Terrier Invitational	01/27/17
3	N. Carolina A&T	3:13.80	Virginia Tech Invitational	01/13/17
4	Delaware State	3:15.95	Villanova Invitational	02/04/17
5	Bethune-Cookman	3:16.68 #	Camel City Invitational	02/03/17
6	Norfolk State	3:16.82	Penn State National	01/27/17
7	Savannah State	3:18.96	Buccaneer Track & Field Invitational	02/02/17
8	Howard	3:20.04 #	Terrapin Invitational 2017	01/21/17
9	Maryland-Eastern Shore	3:20.49	Villanova Invitational	02/04/17
10	Coppin State	3:20.86	Towson Tiger Invitational	01/14/17
11	N.C. Central	3:21.02 #	UNCG Early Bird Duals	12/04/16
12	South Carolina St.	3:21.87 #	UNCG Early Bird Duals	12/04/16
13	Florida A&M	3:25.24	UAB Blazer Invitational	01/13/17

## 4 x 400 Relay (Women)

RANK	TEAM	TIME	MEET	MEET DATE
1	N. Carolina A&T	3:45.98	Virginia Tech Invitational	01/13/17
2	Hampton	3:47.26	Clemson Tiger Paw Indoor	02/10/17
3	Morgan State	3:47.51	John Thomas Terrier Invitational	01/27/17
4	Delaware State	3:48.14	Villanova Invitational	02/04/17
5	Norfolk State	3:49.28	Penn State National	01/27/17
6	Howard	3:49.81 #	Bucknell Tune-Up	02/10/17
7	Maryland-Eastern Shore	3:52.77 #	UMES College Lid-Lifter	12/03/16
8	Florida A&M	3:54.87	UAB Blazer Invitational	01/13/17
9	N.C. Central	3:59.38 #	UNCG Early Bird Duals	12/04/16
10	Savannah State	3:59.50	Buccaneer Track & Field Invitational	02/02/17
11	Bethune-Cookman	4:01.55	2017 KMS Invitational	01/29/17
12	Coppin State	4:02.06	2017 Wesley A. Brown Women's Invitational	01/28/17
13	South Carolina St.	4:04.35 #	UNCG Early Bird Duals	12/04/16

## Distance Medley (Men)

RANK	TEAM	TIME	MEET	MEET DATE
1	Hampton	9:59.89	2017 Armory Track Invitational (Colleges)	02/03/17
2	Maryland-Eastern Shore	10:06.49	2017 Wesley A. Brown Men's Invitational	01/28/17
3	Norfolk State	10:17.36	Penn State National	01/27/17
4	N. Carolina A&T	10:31.10	Virginia Tech Invitational	01/13/17
5	Bethune-Cookman	10:39.01 #	Camel City Invitational	02/03/17
6	N.C. Central	10:42.74 #	Captains Invitational & Combined Events	01/20/17
7	Savannah State	10:45.58	Buccaneer Track & Field Invitational	02/02/17
8	Morgan State	11:01.23 #	Terrapin Invitational 2017	01/21/17
9	Delaware State	11:07.65 #	UMES College Lid-Lifter	12/03/16
10	Howard	11:32.91 #	Terrapin Invitational 2017	01/21/17

## Distance Medley (Women)

RANK	TEAM	TIME	MEET	MEET DATE
1	N. Carolina A&T	12:52.75	Clemson Orange and Purple Indoor	01/07/17
2	Morgan State	12:57.28 #	2017 Father Diamond	01/07/17
3	Bethune-Cookman	13:00.04 #	Camel City Invitational	02/03/17
4	Howard	13:13.22 #	UMES College Lid-Lifter	12/03/16
5	Coppin State	13:27.71 #	UMES College Lid-Lifter	12/03/16
6	Delaware State	13:28.35 #	Terrapin Invitational 2017	01/21/17



## High Jump (Men)

RANK	ATHLETE	YEAR TEAM	ENGLISH	METRIC	MEET	MEET DATE
1	Warner, Garth	FR-1 Norfolk State	6' 11"	2.11m	Vince Brown Invitational	02/04/17
2	Beattie, Jocari	JR-3 Florida A&M	6' 8.75"	2.05m	Wake Forest Invitational	01/21/17
2	Smalls, Omega	FR-1 N.C. Central	6' 8.75"	2.05m	JDL College Team Challenge	02/09/17
4	Bullock, Milan	JR-3 Howard	6' 8.25"	2.04m	Towson Tiger Invitational	01/14/17
5	Lindsey, Desmond	FR-1 Hampton	6' 8"	2.03m	Clemson Tiger Paw Indoor	02/10/17
6	Lipford, Nehemiah	JR-3 N. Carolina A&T	6' 7"	2.01m	Virginia Tech Invitational	01/13/17
6	Shaw, Armond	SO-2 N.C. Central	6' 7"	2.01m	Camel City Invitational	02/03/17
8	Milton, Jacob	FR-1 Norfolk State	6' 6.75"	2.00m	Vince Brown Invitational	02/04/17
8	Williams, Kelton	FR-1 Bethune-Cookman	6' 6.75"	2.00m	2017 KMS Invitational	01/29/17
10	Swain, Jonathan	SO-2 Hampton	6' 6.25"	1.99m	Darius Dixon Memorial Invitational	01/27/17
11	Stanford, Kevin	JR-3 Maryland-Eastern Shore	6' 5.5"	1.97m	Towson Tiger Invitational	01/14/17
12	Boyd, Joseph	SR-4 Norfolk State	6' 4.75"	1.95m	CNU Holiday Open	12/04/16
12	Tiller, Michael	SR-4 Bethune-Cookman	6' 4.75"	1.95m	BSC Panther Indoor Icebreaker	12/02/16
12	Branch, Mykol	SO-2 N.C. Central	6' 4.75"	1.95m	UNCG Early Bird Duals	12/04/16
15	Jackson, Christopher	JR-3 Bethune-Cookman	6' 3.25"	1.91m	Camel City Invitational	02/03/17
16	Henley, Kequan	FR-1 Norfolk State	6' 2.75"	1.90m	CNU Holiday Open	12/04/16
16	Campbell, Terrell	SR-4 Bethune-Cookman	6' 2.75"	1.90m	2017 KMS Invitational	01/29/17
18	Ovil, Roodly	FR-1 Howard	6' 0.75"	1.85m	Towson Tiger Invitational	01/14/17
19	Townsend, Todd	SR-4 N. Carolina A&T	5' 11.5"	1.82m	Hokie Invitational	01/19/17
19	Clark, Trey	SO-2 Hampton	5' 11.5"	1.82m	2017 Liberty Kick Off	01/20/17
21	Smith, Melvin	SO-2 South Carolina St.	5' 10.75"	1.80m	UNCG Early Bird Duals	12/04/16
22	Deane, Aaron	JR-3 N. Carolina A&T	5' 10.5"	1.79m	Hokie Invitational	01/19/17
22	Powell, Jerrick	SO-2 Hampton	5' 10.5"	1.79m	2017 Liberty Kick Off	01/20/17
24	Lemonious, Dominick	FR-1 N.C. Central	5' 9.25"	1.76m	Captains Invitational & Combined Events	01/20/17
24	Booker, DeVon	SR-4 Norfolk State	5' 9.25"	1.76m	2017 Liberty Kick Off	01/20/17

## High Jump (Women)

RANK	ATHLETE	YEAR TEAM	ENGLISH	METRIC	MEET	MEET DATE
1	Mason, Jailah	JR-3 Morgan State	6' 0.5"	1.84m	Terrapin Invitational 2017	01/21/17
2	Morrison, Quamecha	SO-2 Bethune-Cookman	5' 10.75"	1.80m	2017 KMS Invitational	01/29/17
3	Roberts, Khemani	SO-2 Coppin State	5' 7"	1.70m	CNU Holiday Open	12/04/16
4	Billups, Hanah	SR-4 Howard	5' 5"	1.65m	Villanova Invitational	02/04/17
4	Hayes, Brianna	JR-3 Norfolk State	5' 5"	1.65m	CNU Holiday Open	12/04/16
6	Scott, Kaitlin	SO-2 Hampton	5' 4.5"	1.64m	2017 Liberty Kick Off	01/20/17
7	Mcallister, Bria	SR-4 Bethune-Cookman	5' 3.25"	1.61m	2017 Liberty Kick Off	01/20/17
8	Fisher, Tamadj	SO-2 Hampton	5' 3"	1.60m	Darius Dixon Memorial Invitational	01/27/17
9	Roberts, Dana	SO-2 Bethune-Cookman	5' 1"	1.55m	2017 KMS Invitational	01/29/17
9	Bradford, Shakaria	SO-2 South Carolina St.	5' 1"	1.55m	2017 Liberty Kick Off	01/20/17
11	Smith, Jade	FR-1 N. Carolina A&T	5' 0.5"	1.54m	Hokie Invitational	01/19/17
12	Nguetta, Britney	FR-1 Delaware State	4' 11.75"	1.52m	UMES College Lid-Lifter	12/03/16
12	Igweburke, Percious	FR-1 Delaware State	4' 11.75"	1.52m	UMES College Lid-Lifter	12/03/16
12	Davis, Sydney	SO-2 Hampton	4' 11.75"	1.52m	Patriot Games	01/28/17
15	Johnson, Tre'J	FR-1 Coppin State	4' 11.5"	1.51m	2017 Frank Colden Invitational	02/04/17
15	Evans, Laurice	FR-1 Bethune-Cookman	4' 11.5"	1.51m	Camel City Invitational	02/03/17
17	Forte, Savannah	JR-3 Coppin State	4' 11"	1.50m	2017 Wesley A. Brown Women's Invitational	01/28/17
17	Weeks, Myracle	SO-2 Delaware State	4' 11"	1.50m	Towson Tiger Invitational	01/14/17
17	Satterwhite, Starbeshia	SO-2 N.C. Central	4' 11"	1.50m	JDL College Team Challenge	02/09/17
20	Eley, Crystal	SO-2 Hampton	4' 10.5"	1.49m	Patriot Games	01/28/17
20	Hutto, Jacoy	SR-4 South Carolina St.	4' 10.5"	1.49m	2017 Liberty Kick Off	01/20/17
22	Harris, Loren	SO-2 Delaware State	4' 9.75"	1.47m	UMES College Lid-Lifter	12/03/16
23	Key, Kayla	JR-3 Hampton	4' 9.5"	1.46m	2017 Liberty Kick Off	01/20/17
24	Alston, Aidan	FR-1 Coppin State	4' 9"	1.45m	2017 Frank Colden Invitational	02/04/17
25	Bond, Kiersten	SR-4 Coppin State	4' 7.75"	1.42m	2017 Frank Colden Invitational	02/04/17

## Pole Vault (Men)

RANK	ATHLETE	YEAR TEAM	ENGLISH	METRIC	MEET	MEET DATE
1	Mercer, Robert	SR-4 Howard	14' 11"	4.55m	Villanova Invitational	02/04/17
2	Clark, Trey	SO-2 Hampton	14' 3.25"	4.35m	Clemson Tiger Paw Indoor	02/10/17
3	Harper, Dominic	SO-2 Bethune-Cookman	13' 11.25"	4.25m	2017 Liberty Kick Off	01/20/17
4	Barfield, Shaw	JR-3 Norfolk State	13' 7.25"	4.15m	Vince Brown Invitational	02/04/17
5	Cubbage, Ronald	FR-1 N. Carolina A&T	12' 11.5"	3.95m	UNCG Early Bird Duals	12/04/16
6	Dorsainvil, Princy	SR-4 Bethune-Cookman	12' 5.5"	3.80m	2017 KMS Invitational	01/29/17
6	Townsend, Todd	SR-4 N. Carolina A&T	12' 5.5"	3.80m	Camel City Invitational	02/03/17
8	Deane, Aaron	JR-3 N. Carolina A&T	11' 5.75"	3.50m	UNCG Early Bird Duals	12/04/16
9	Hardy, Donmanique	SR-4 Hampton	10' 6"	3.20m	2017 Liberty Kick Off	01/20/17
10	Funkhouser, Adam	FR-1 Delaware State	10' 4"	3.15m	2017 Wesley A. Brown Men's Invitational	01/28/17
11	Lindsey, Desmond	FR-1 Hampton	9' 6.25"	2.90m	Clemson Tiger Paw Indoor	02/10/17
12	Booker, DeVon	SR-4 Norfolk State	9' 0.25"	2.75m	2017 Liberty Kick Off	01/20/17
12	Powell, Jerrick	SO-2 Hampton	9' 0.25"	2.75m	2017 Liberty Kick Off	01/20/17
14	Wright, Tyson	SO-2 Bethune-Cookman	8' 6.25"	2.60m	2017 Liberty Kick Off	01/20/17
14	Lemonious, Dominick	FR-1 N.C. Central	8' 6.25"	2.60m	Captains Invitational & Combined Events	01/20/17

16	Edelen, Timothy	SR-4	N.C. Central	7' 6.5"	2.30m	Captains Invitational & Combined Events	01/20/17
16	Beachem, JaQuaveon	FR-1	Bethune-Cookman	7' 6.5"	2.30m	2017 Liberty Kick Off	01/20/17
16	Jones, Kyle	SR-4	Norfolk State	7' 6.5"	2.30m	2017 Liberty Kick Off	01/20/17
19	Trenson , Terry	FR-1	Delaware State	7' 0.5"	2.15m	UMES College Lid-Lifter	12/03/16

## Pole Vault (Women)

RANK	ATHLETE	YEAR	TEAM	ENGLISH	METRIC	MEET	MEET DATE
1	Knight, Morgan	JR-3	N. Carolina A&T	11' 3.75"	3.45m	Camel City Invitational	02/03/17
2	Franks, Chloe	FR-1	Delaware State	11' 1.75"	3.40m	Towson Tiger Invitational	01/14/17
3	Harris, Keyoshia	SR-4	Bethune-Cookman	10' 4"	3.15m	2017 Liberty Kick Off	01/20/17
4	Sizemore, Kourtney	JR-3	Savannah State	10' 0"	3.05m	Buccaneer Track & Field Invitational	02/02/17
4	Brooks, Cheyenne	SO-2	Florida A&M	10' 0"	3.05m	Samford Friday Invite	02/10/17
4	Neal, Quadaisha	SR-4	Hampton	10' 0"	3.05m	Darius Dixon Memorial Invitational	01/27/17
7	Baxter, Tasia	JR-3	Norfolk State	9' 10"	3.00m	Art & Linda Mailet UNC Open	01/14/17
8	Franks, Cydney	FR-1	Delaware State	9' 2.25"	2.80m	Towson Tiger Invitational	01/14/17
8	Lougheed, Jasmine	FR-1	Coppin State	9' 2.25"	2.80m	Terrapin Invitational 2017	01/21/17
10	Price-Cleare, Shameeka	JR-3	Norfolk State	8' 6.25"	2.60m	2017 Liberty Kick Off	01/20/17
11	Harris, Alexus	SO-2	Bethune-Cookman	8' 0.5"	2.45m	2017 KMS Invitational	01/29/17
12	Alston, Aidan	FR-1	Coppin State	7' 11.5"	2.43m	2017 Frank Colden Invitational	02/04/17

## Long Jump (Men)

RANK	ATHLETE	YEAR	TEAM	ENGLISH	METRIC	MEET	MEET DATE
1	Benton, Naje	SR-4	Maryland-Eastern Shore	24' 11"	7.59m	UMES College Lid-Lifter	12/03/16
2	Hylton, Lloyd	JR-3	Morgan State	24' 6.5"	7.48m	John Thomas Terrier Invitational	01/27/17
3	James, Laron	SO-2	Savannah State	24' 3.75"	7.41m	Buccaneer Track & Field Invitational	02/02/17
4	Quarles, Frank	SR-4	N. Carolina A&T	23' 11"	7.29m	Virginia Tech Invitational	01/13/17
5	Franklin, Malik	JR-3	Savannah State	23' 10.75"	7.28m	Buccaneer Track & Field Invitational	02/02/17
6	Rooks, Demetrius	SR-4	Bethune-Cookman	23' 6.25"	7.17m	BSC Panther Indoor Icebreaker	12/02/16
7	Brown, Bryson	SR-4	South Carolina St.	23' 4.75"	7.13m	2017 Liberty Kick Off	01/20/17
8	Colvin, Matthew	SR-4	Howard	23' 3.5"	7.10m	UMES College Lid-Lifter	12/03/16
9	Strozier, Lasheon	SO-2	N. Carolina A&T	23' 2.5"	7.07m	Clemson Orange and Purple Indoor	01/07/17
9	Thompson, Nigel	SR-4	Morgan State	23' 2.5"	7.07m	John Thomas Terrier Invitational	01/27/17
11	Kemp, Demek	JR-3	South Carolina St.	22' 9.75"	6.95m	UNCG Early Bird Duals	12/04/16
12	Brown, Michael	SR-4	Norfolk State	22' 6.5"	6.87m	Art & Linda Mailet UNC Open	01/14/17
13	Sampson, Joel	SO-2	Bethune-Cookman	22' 6.25"	6.86m	2017 Liberty Kick Off	01/20/17
14	Brown , Roderick	SO-2	Delaware State	22' 5.25"	6.84m	UMES College Lid-Lifter	12/03/16
15	Hardy, Donmanique	SR-4	Hampton	22' 5"	6.83m	Wake Forest Invitational	01/21/17
16	Goodlitt, Kurt	FR-1	Morgan State	22' 4.5"	6.82m	2016 Yale Season Opener	12/10/16
16	Lindsey, Desmond	FR-1	Hampton	22' 4.5"	6.82m	Clemson Tiger Paw Indoor	02/10/17
18	Williams, Jaelen	FR-1	Hampton	22' 2.5"	6.77m	Hokie Invitational	01/19/17
19	Trenson , Terry	FR-1	Delaware State	22' 1.75"	6.75m	UMES College Lid-Lifter	12/03/16
20	Powell, Jerrick	SO-2	Hampton	22' 1.5"	6.74m	2017 Armory Track Invitational (Colleges)	02/03/17
21	Hines, Romero	JR-3	Norfolk State	21' 11.75"	6.70m	2017 Liberty Kick Off	01/20/17
22	Harrison, QuaShawn	FR-1	Norfolk State	21' 11.5"	6.69m	CNU Holiday Open	12/04/16
23	Simon, Christopher	SR-4	Morgan State	21' 10.75"	6.67m	2016 Navy Invitational Track and Field Meet	12/03/16
24	Copeland, Donterious	JR-3	Savannah State	21' 9.5"	6.64m	UNCG Early Bird Duals	12/04/16
25	McReynolds, Jeffrey	SO-2	South Carolina St.	21' 9"	6.63m	UNCG Early Bird Duals	12/04/16

## Long Jump (Women)

RANK	ATHLETE	YEAR	TEAM	ENGLISH	METRIC	MEET	MEET DATE
1	Akobundu, Madeleine	FR-1	N. Carolina A&T	19' 6"	5.94m	Camel City Invitational	02/03/17
2	Lumb, Ke'von	SR-4	Morgan State	18' 11.25"	5.77m	2016 Yale Season Opener	12/10/16
3	Edwards, Tanise	JR-3	Maryland-Eastern Shore	18' 9.25"	5.72m	UMES College Lid-Lifter	12/03/16
4	Ashe, Payton	JR-3	South Carolina St.	18' 7"	5.66m	Buccaneer Track & Field Invitational	02/02/17
5	Leonard, Jaelen	FR-1	Hampton	18' 6.5"	5.65m	Clemson Tiger Paw Indoor	02/10/17
6	Fils, Chontel	SO-2	Coppin State	18' 6"	5.64m	UMES College Lid-Lifter	12/03/16
7	Toppin, Anisa	SO-2	N. Carolina A&T	18' 5.75"	5.63m	Clemson Bob Pollock Indoor Invitational	01/27/17
8	Johnson, Rochelle	SO-2	Morgan State	18' 1.75"	5.53m	2016 Yale Season Opener	12/10/16
8	Tyler, Ars'Breana	FR-1	South Carolina St.	18' 1.75"	5.53m	Buccaneer Track & Field Invitational	02/02/17
10	Seabrook, Kiana	SO-2	N.C. Central	18' 1"	5.51m	Camel City Invitational	02/03/17
11	Key, Kayla	JR-3	Hampton	18' 0.5"	5.50m	Clemson Tiger Paw Indoor	02/10/17
12	Lucius, Shauntel	SR-4	Maryland-Eastern Shore	17' 11.75"	5.48m	UMES College Lid-Lifter	12/03/16
13	Roberts, Khemani	SO-2	Coppin State	17' 11"	5.46m	UMES College Lid-Lifter	12/03/16
14	Stevenson, Deja	FR-1	N.C. Central	17' 9.75"	5.43m	Captains Invitational & Combined Events	01/20/17
15	Billups, Hanah	SR-4	Howard	17' 9.5"	5.42m	UMES College Lid-Lifter	12/03/16
16	Bond, Kiersten	SR-4	Coppin State	17' 9"	5.41m	2017 Frank Colden Invitational	02/04/17
17	McGhee, Imani	JR-3	N. Carolina A&T	17' 8.75"	5.40m	Clemson Bob Pollock Indoor Invitational	01/27/17
17	Thomas, Jayme	JR-3	Hampton	17' 8.75"	5.40m	Darius Dixon Memorial Invitational	01/27/17
19	Harris , Loren	SO-2	Delaware State	17' 8.25"	5.39m	Villanova Invitational	02/04/17
20	Harris, Taleya	SO-2	Howard	17' 6.25"	5.34m	Villanova Invitational	02/04/17
21	Lofton, Hayley	SO-2	Hampton	17' 5.25"	5.31m	Darius Dixon Memorial Invitational	01/27/17
22	Conyers, Amber	FR-1	Delaware State	17' 4.75"	5.30m	Towson Tiger Invitational	01/14/17

23	Wood, Alahni	FR-1	Florida A&M	17' 4.25"	5.29m	Wake Forest Invitational	01/21/17
24	Mike, Ravyn	JR-3	Savannah State	17' 3.5"	5.27m	2017 Liberty Kick Off	01/20/17
25	Davis, Jakiya	SO-2	South Carolina St.	17' 2.75"	5.25m	UNCG Early Bird Duals	12/04/16

## Triple Jump (Men)

RANK	ATHLETE	YEAR	TEAM	ENGLISH	METRIC	MEET	MEET DATE
1	Tiller, Michael	SR-4	Bethune-Cookman	52' 10"	16.10m	2017 KMS Invitational	01/29/17
2	Strozier, Lasheon	SO-2	N. Carolina A&T	52' 3.25"	15.93m	Hokie Invitational	01/19/17
3	Franklin, Malik	JR-3	Savannah State	50' 10"	15.49m	Buccaneer Track & Field Invitational	02/02/17
4	Arriola, Issac	JR-3	Hampton	49' 2.25"	14.99m	Hokie Invitational	01/19/17
5	Colvin, Matthew	SR-4	Howard	48' 10.75"	14.90m	UMES College Lid-Lifter	12/03/16
6	Copeland, Donterious	JR-3	Savannah State	48' 4"	14.73m	UNCG Early Bird Duals	12/04/16
7	James, Laron	SO-2	Savannah State	47' 11.25"	14.61m	Buccaneer Track & Field Invitational	02/02/17
8	Sampson, Joel	SO-2	Bethune-Cookman	46' 10.75"	14.29m	BSC Panther Indoor Icebreaker	12/02/16
9	Beachem, JaQuaveon	FR-1	Bethune-Cookman	46' 8"	14.22m	2017 KMS Invitational	01/29/17
10	Brevard, Joseph	SR-4	South Carolina St.	46' 4.25"	14.13m	2017 Liberty Kick Off	01/20/17
11	Hatcher, Landrie	JR-3	Howard	45' 10.5"	13.98m	Villanova Open	01/27/17
12	Rooks, Demetrius	SR-4	Bethune-Cookman	45' 9.75"	13.96m	Camel City Invitational	02/03/17
13	Simmons, Robert	SO-2	Savannah State	45' 6.5"	13.88m	UNCG Early Bird Duals	12/04/16
14	Banks, Jaylen	FR-1	Norfolk State	45' 3"	13.79m	Vince Brown Invitational	02/04/17
15	Richards, Tillman	SR-4	South Carolina St.	43' 8.5"	13.32m	Buccaneer Track & Field Invitational	02/02/17
16	Ovil, Roodly	FR-1	Howard	43' 7.25"	13.29m	UMES College Lid-Lifter	12/03/16
17	Beatty, Karim	FR-1	Delaware State	43' 4.25"	13.21m	UMES College Lid-Lifter	12/03/16
18	Harrison, QuaShawn	FR-1	Norfolk State	41' 4.25"	12.60m	Vince Brown Invitational	02/04/17
19	Francois, Jayson	SO-2	Florida A&M	38' 6.25"	11.74m	UAB Blazer Invitational	01/13/17

## Triple Jump (Women)

RANK	ATHLETE	YEAR	TEAM	ENGLISH	METRIC	MEET	MEET DATE
1	Toppin, Anisa	SO-2	N. Carolina A&T	40' 11"	12.47m	Hokie Invitational	01/19/17
2	Lucius, Shauntel	SR-4	Maryland-Eastern Shore	40' 4.75"	12.31m	Terrapin Invitational 2017	01/21/17
3	McGhee, Imani	JR-3	N. Carolina A&T	39' 8.75"	12.11m	Clemson Orange and Purple Indoor	01/07/17
4	Billups, Hanah	SR-4	Howard	39' 3"	11.96m	Terrapin Invitational 2017	01/21/17
5	Stevenson, Deja	FR-1	N.C. Central	38' 10.25"	11.84m	Darius Dixon Memorial Invitational	01/27/17
6	Fils, Chontel	SO-2	Coppin State	38' 4"	11.68m	Terrapin Invitational 2017	01/21/17
7	Thomas, Jayme	JR-3	Hampton	38' 3.25"	11.66m	Hokie Invitational	01/19/17
8	Johnson, Tre'J	FR-1	Coppin State	37' 10.5"	11.54m	Terrapin Invitational 2017	01/21/17
9	Mcallister, Bria	SR-4	Bethune-Cookman	37' 8.75"	11.50m	2017 KMS Invitational	01/29/17
9	Tyler, Ars'Breana	FR-1	South Carolina St.	37' 8.75"	11.50m	Clemson Orange and Purple Indoor	01/07/17
11	Onuoha, Uchechi	SO-2	Howard	37' 7.25"	11.46m	Villanova Open	01/27/17
12	Corbett, Tiara	FR-1	Florida A&M	37' 4.5"	11.39m	University of South Alabama Invitational	02/05/17
13	Ellis, Zoe	SR-4	N.C. Central	36' 10.25"	11.23m	UNCG Early Bird Duals	12/04/16
14	Jackson, Bryshea	FR-1	Savannah State	36' 8.25"	11.18m	Buccaneer Track & Field Invitational	02/02/17
15	Lewis, Mia	FR-1	Florida A&M	36' 6.25"	11.13m	Samford Friday Invite	02/10/17
16	Nguetta, Britney	FR-1	Delaware State	36' 2"	11.02m	Towson Tiger Invitational	01/14/17
17	Breeden-Stevens, Johanna	FR-1	Howard	36' 1.25"	11.00m	UMES College Lid-Lifter	12/03/16
18	Wood, Alahni	FR-1	Florida A&M	35' 10.5"	10.93m	University of South Alabama Invitational	02/05/17
19	Hill, Bria	SO-2	Morgan State	35' 8.5"	10.88m	Navy Women's Mid-Week Invitational	01/19/17
20	Conyers, Amber	FR-1	Delaware State	35' 6.75"	10.84m	Towson Tiger Invitational	01/14/17
20	Elmore, Miara	JR-3	Savannah State	35' 6.75"	10.84m	Buccaneer Track & Field Invitational	02/02/17
22	Forte, Savannah	JR-3	Coppin State	34' 9"	10.59m	UMES College Lid-Lifter	12/03/16
23	Bunch, Ashalia	SO-2	Norfolk State	34' 7"	10.54m	Art & Linda Maillet UNC Open	01/14/17
24	Mike, Ravyn	JR-3	Savannah State	34' 2.25"	10.42m	UNCG Early Bird Duals	12/04/16
25	Ba, Fanta	JR-3	Delaware State	33' 7.5"	10.25m	Terrapin Invitational 2017	01/21/17

## Shot Put (Men)

RANK	ATHLETE	YEAR	TEAM	ENGLISH	METRIC	MEET	MEET DATE
1	Lee, Christopher	JR-3	Norfolk State	55' 10.25"	17.02m	CNU Holiday Open	12/04/16
2	Britt, Anthony	SR-4	South Carolina St.	53' 11"	16.43m	2017 Liberty Kick Off	01/20/17
3	Agwu, Noah	FR-1	Maryland-Eastern Shore	51' 0"	15.54m	UMES Coach O Collegiate Invitational	01/07/17
4	Elliott, Vikarie	FR-1	Morgan State	50' 1.75"	15.28m	2016 Yale Season Opener	12/10/16
5	Thomas, Steven	SO-2	Coppin State	49' 10"	15.19m	Towson Tiger Invitational	01/14/17
6	Wheeler, Derrick	SO-2	N. Carolina A&T	48' 3.25"	14.71m	Hokie Invitational	01/19/17
6	Holston, Sidney	FR-1	Bethune-Cookman	48' 3.25"	14.71m	2017 KMS Invitational	01/29/17
8	Hanna, Aaron	SO-2	Florida A&M	46' 9"	14.25m	Wake Forest Invitational	01/21/17
9	Anderson, Johnathan	JR-3	Norfolk State	46' 6.25"	14.18m	Art & Linda Maillet UNC Open	01/14/17
9	Hunter, Joshua	FR-1	Hampton	46' 6.25"	14.18m	Vince Brown Invitational	02/04/17
11	Stokes, Daniel	SR-4	Howard	46' 2.5"	14.08m	Bucknell Tune-Up	02/10/17
12	Richardson, Juwan	SO-2	Maryland-Eastern Shore	45' 11.75"	14.01m	Villanova Invitational	02/04/17
13	Goodlitt, Kurt	FR-1	Morgan State	45' 10"	13.97m	2017 Father Diamond	01/07/17
14	Britt, Roderick	JR-3	South Carolina St.	45' 9.25"	13.95m	Buccaneer Track & Field Invitational	02/02/17
15	Obame, Christian	SR-4	N.C. Central	45' 8.5"	13.93m	Darius Dixon Memorial Invitational	01/27/17
16	Crockett, Michael	SR-4	Hampton	43' 5.75"	13.25m	2017 Liberty Kick Off	01/20/17

17	Edelen, Timothy	SR-4	N.C. Central	41' 8.75"	12.72m	Darius Dixon Memorial Invitational	01/27/17
18	Plunkett, Jamar	FR-1	N. Carolina A&T	41' 4.25"	12.60m	Camel City Invitational	02/03/17
19	Harper, Dominic	SO-2	Bethune-Cookman	40' 0.5"	12.20m	2017 Liberty Kick Off	01/20/17
20	Blake, Daquan	SR-4	N. Carolina A&T	40' 0"	12.19m	UNCG Early Bird Duals	12/04/16
21	Showalter, Taj	SR-4	Maryland-Eastern Shore	39' 8.5"	12.10m	UMES College Lid-Lifter	12/03/16
22	Dabipi, Tamunoibi	FR-1	Maryland-Eastern Shore	38' 0"	11.58m	UMES Coach O Collegiate Invitational	01/07/17
23	Young, Reginald	SO-2	Maryland-Eastern Shore	37' 5"	11.40m	UMES College Lid-Lifter	12/03/16
24	Duncan, Robert	FR-1	Delaware State	36' 3.5"	11.06m	Terrapin Invitational 2017	01/21/17
25	Townsend, Todd	SR-4	N. Carolina A&T	36' 3"	11.05m	Hokie Invitational	01/19/17

## Shot Put (Women)

RANK	ATHLETE	YEAR	TEAM	ENGLISH	METRIC	MEET	MEET DATE
1	Sirmon, Catoria	JR-3	Bethune-Cookman	49' 8.5"	15.15m	2017 KMS Invitational	01/29/17
2	Aaron, Andrea	SR-4	Florida A&M	46' 0.5"	14.03m	University of South Alabama Invitational	02/05/17
3	Bowman, Jaszmine	SR-4	N.C. Central	45' 6.25"	13.87m	Darius Dixon Memorial Invitational	01/27/17
4	Carter, Nicovia	JR-3	Maryland-Eastern Shore	44' 4.25"	13.52m	2017 Wesley A. Brown Women's Invitational	01/28/17
5	Bellerand, Cheyenne	JR-3	Howard	43' 6"	13.26m	Bucknell Tune-Up	02/10/17
6	Thomas, Kiyanna	FR-1	Hampton	42' 9"	13.03m	Darius Dixon Memorial Invitational	01/27/17
7	Davis-Young, Regyn	JR-3	Maryland-Eastern Shore	42' 8"	13.00m	2017 Wesley A. Brown Women's Invitational	01/28/17
8	Porter, Donisha	SR-4	Maryland-Eastern Shore	42' 7"	12.98m	Towson Tiger Invitational	01/14/17
8	Bush, Tychina	SO-2	Bethune-Cookman	42' 7"	12.98m	BSC Panther Indoor Icebreaker	12/02/16
10	Adams, Sierra	FR-1	Maryland-Eastern Shore	42' 3.25"	12.88m	Towson Tiger Invitational	01/14/17
11	Mitchell, Corneisha	FR-1	Hampton	42' 2.25"	12.86m	Vince Brown Invitational	02/04/17
12	Abraham, Imani	JR-3	N. Carolina A&T	41' 4.5"	12.61m	UNCG Early Bird Duals	12/04/16
13	Hall, Jasmyn	JR-3	Morgan State	41' 4.25"	12.60m	NAVY Women's Lid-Lifter Track & Field Meet	12/01/16
14	Culhane, Ayana	FR-1	Hampton	40' 7.5"	12.38m	CNU Holiday Open	12/04/16
15	Bynum-Cooper, Dominique	SR-4	Howard	40' 4.75"	12.31m	Towson Tiger Invitational	01/14/17
16	Newby, Alanna	FR-1	Coppin State	40' 0.75"	12.21m	CNU Holiday Open	12/04/16
17	Johnson, Shontielle	JR-3	Florida A&M	39' 8.75"	12.11m	UAB Vulcan Invitational	01/14/17
18	Deacon, Kristen	SO-2	Coppin State	39' 5"	12.01m	2017 Frank Colden Invitational	02/04/17
19	Roberts, Khemani	SO-2	Coppin State	38' 7.75"	11.78m	2017 Frank Colden Invitational	02/04/17
20	Deacon, Kristen	JR-3	Coppin State	37' 11.5"	11.57m	CNU Holiday Open	12/04/16
21	Marshall-Paul, Alexandria	SR-4	Florida A&M	37' 3.25"	11.36m	Wake Forest Invitational	01/21/17
21	Galloway, Lauryn	SO-2	Howard	37' 3.25"	11.36m	Bucknell Tune-Up	02/10/17
23	Larkins, Ariyana	FR-1	Coppin State	37' 2.25"	11.33m	2017 Frank Colden Invitational	02/04/17
24	Scott, Kaitlin	SO-2	Hampton	36' 6.75"	11.14m	Vince Brown Invitational	02/04/17
25	Wilson, Victoria	SR-4	Delaware State	36' 2"	11.02m	UMES College Lid-Lifter	12/03/16

## Weight Throw (Men)

RANK	ATHLETE	YEAR	TEAM	ENGLISH	METRIC	MEET	MEET DATE
1	Thomas, Steven	SO-2	Coppin State	55' 4.25"	16.87m	Patriot Games	01/28/17
2	Wheeler, Derrick	SO-2	N. Carolina A&T	54' 10.25"	16.72m	Camel City Invitational	02/03/17
3	Stokes, Daniel	SR-4	Howard	51' 5.75"	15.69m	Bucknell Tune-Up	02/10/17
4	Agwu, Noah	FR-1	Maryland-Eastern Shore	50' 9.5"	15.48m	Navy Men's Track & Field Invitational #3	01/21/17
5	Holston, Sidney	FR-1	Bethune-Cookman	49' 11.25"	15.22m	Camel City Invitational	02/03/17
6	Britt, Anthony	SR-4	South Carolina St.	49' 5.75"	15.08m	Clemson Orange and Purple Indoor	01/07/17
7	Hockaday, Da'Trail	JR-3	Norfolk State	48' 2.75"	14.70m	Vince Brown Invitational	02/04/17
8	Elliott, Vikarie	FR-1	Morgan State	48' 0.5"	14.64m	Terrapin Invitational 2017	01/21/17
9	Young, Reginald	SO-2	Maryland-Eastern Shore	46' 6.25"	14.18m	UMES College Lid-Lifter	12/03/16
10	Dabipi, Tamunoibi	FR-1	Maryland-Eastern Shore	45' 10.5"	13.98m	Navy Men's Track & Field Invitational #3	01/21/17
11	Crockett, Michael	SR-4	Hampton	45' 5"	13.84m	Darius Dixon Memorial Invitational	01/27/17
11	Britt, Roderick	JR-3	South Carolina St.	45' 5"	13.84m	Buccaneer Track & Field Invitational	02/02/17
13	Hanna, Aaron	SO-2	Florida A&M	44' 9.75"	13.66m	UAB Blazer Invitational	01/13/17
14	Baker, Korteece	FR-1	Florida A&M	38' 7"	11.76m	UAB Blazer Invitational	01/13/17
15	Blake, Daquan	SR-4	N. Carolina A&T	37' 8.5"	11.49m	UNCG Early Bird Duals	12/04/16
16	Plunkett, Jamar	FR-1	N. Carolina A&T	37' 3.75"	11.37m	Art & Linda Maillet UNC Open	01/14/17
16	Tiller, Michael	SR-4	Bethune-Cookman	37' 3.75"	11.37m	BSC Panther Indoor Icebreaker	12/02/16
18	Duncan, Robert	FR-1	Delaware State	36' 9.5"	11.21m	UMES College Lid-Lifter	12/03/16
19	Obame, Christian	SR-4	N.C. Central	35' 9.25"	10.90m	Captains Invitational & Combined Events	01/20/17
20	Cameron, Will	JR-3	South Carolina St.	35' 6.5"	10.83m	UNCG Early Bird Duals	12/04/16
21	Joshua, Crowder	FR-1	Florida A&M	23' 11"	7.29m	Wake Forest Invitational	01/21/17

## Weight Throw (Women)

RANK	ATHLETE	YEAR	TEAM	ENGLISH	METRIC	MEET	MEET DATE
1	Marshall-Paul, Alexandria	SR-4	Florida A&M	56' 11.25"	17.35m	Wake Forest Invitational	01/21/17
2	Deacon, Kristen	SO-2	Coppin State	56' 7.25"	17.25m	Terrapin Invitational 2017	01/21/17
3	Adams, Sierra	FR-1	Maryland-Eastern Shore	55' 8.25"	16.97m	UMES Coach O Collegiate Invitational	01/07/17
4	Aaron, Andrea	SR-4	Florida A&M	54' 2.75"	16.53m	Wake Forest Invitational	01/21/17
5	Johnson, Benisha	SR-4	Florida A&M	52' 5.5"	15.99m	Wake Forest Invitational	01/21/17
6	Davis-Young, Regyn	JR-3	Maryland-Eastern Shore	51' 11.25"	15.83m	Towson Tiger Invitational	01/14/17
7	Johnson, Shontielle	JR-3	Florida A&M	51' 9.25"	15.78m	University of South Alabama Invitational	02/05/17
8	Bush, Tychina	SO-2	Bethune-Cookman	51' 1.75"	15.59m	BSC Panther Indoor Icebreaker	12/02/16

9	Deacon, Kristen	JR-3	Coppin State	50' 10.75"	15.51m	2017 Great Dane Classic	01/14/17
10	Abraham, Imani	JR-3	N. Carolina A&T	50' 0.5"	15.25m	Virginia Tech Invitational	01/13/17
11	Porter, Donisha	SR-4	Maryland-Eastern Shore	49' 6.25"	15.09m	UMES College Lid-Lifter	12/03/16
12	Carter, Nicovia	JR-3	Maryland-Eastern Shore	48' 6.25"	14.79m	2017 Wesley A. Brown Women's Invitational	01/28/17
13	McLean, Nikelene	SO-2	Morgan State	47' 10"	14.58m	2016 Yale Season Opener	12/10/16
14	McGill, Rikkia	SR-4	Howard	45' 7"	13.89m	UMES College Lid-Lifter	12/03/16
15	Sirmon, Catoria	JR-3	Bethune-Cookman	45' 3"	13.79m	BSC Panther Indoor Icebreaker	12/02/16
16	Mitchell, Comeisha	FR-1	Hampton	45' 0.5"	13.73m	Vince Brown Invitational	02/04/17
17	Figueroa, Alelee	FR-1	Florida A&M	44' 9.5"	13.65m	Wake Forest Invitational	01/21/17
18	Bowman, Jaszmine	SR-4	N.C. Central	44' 2"	13.46m	UNCG Early Bird Duals	12/04/16
19	Shears, Faith	SO-2	Savannah State	44' 0.75"	13.43m	Samford Two Day Open Indoor 2017	02/10/17
20	Watkins, Mi-ah	SO-2	Howard	43' 5.75"	13.25m	Bucknell Tune-Up	02/10/17
21	Simmons, Olivia	FR-1	Florida A&M	40' 9.75"	12.44m	Wake Forest Invitational	01/21/17
22	Ford-Benjamin, Jaylen	FR-1	South Carolina St.	38' 4"	11.68m	Buccaneer Track & Field Invitational	02/02/17
23	Newby, Alanna	FR-1	Coppin State	30' 3"	9.22m	CNU Holiday Open	12/04/16
24	Larkins, Ariyana	FR-1	Coppin State	29' 11.5"	9.13m	2017 Wesley A. Brown Women's Invitational	01/28/17
25	Wilson, Victoria	SR-4	Delaware State	29' 1.25"	8.87m	UMES College Lid-Lifter	12/03/16

### Heptathlon (Men)

RANK	ATHLETE	YEAR	TEAM	POINTS	MEET	MEET DATE
1	Townsend, Todd	SR-4	N. Carolina A&T	4636	Hokie Invitational	01/19/17
2	Hardy, Donmanique	SR-4	Hampton	4313	2017 Liberty Kick Off	01/20/17
3	Powell, Jerrick	SO-2	Hampton	4232	2017 Liberty Kick Off	01/20/17
4	Deane, Aaron	JR-3	N. Carolina A&T	4198	Hokie Invitational	01/19/17
5	Booker, De'Von	SR-4	Norfolk State	4155	2017 Liberty Kick Off	01/20/17
6	Wright, Tyson	SO-2	Bethune-Cookman	4145	2017 Liberty Kick Off	01/20/17
7	Beachem, JaQuaveon	FR-1	Bethune-Cookman	4070	2017 Liberty Kick Off	01/20/17
8	Harper, Dominic	SO-2	Bethune-Cookman	3993	2017 Liberty Kick Off	01/20/17
9	Lindsey, Desmond	FR-1	Hampton	3871	Clemson Tiger Paw Indoor	02/10/17
10	Clark, Trey	SO-2	Hampton	3834	2017 Liberty Kick Off	01/20/17
11	Lemonious, Dominick	FR-1	N.C. Central	3757	Captains Invitational & Combined Events	01/20/17
12	Dorsainvil, Princy	SR-4	Bethune-Cookman	3751	2017 Liberty Kick Off	01/20/17
13	Edelen, Timothy	SR-4	N.C. Central	3697	Captains Invitational & Combined Events	01/20/17
14	Terry, Trenson	FR-1	Delaware State	3665	Captains Invitational & Combined Events	01/20/17
15	Jones, Kyle	SR-4	Norfolk State	3582	2017 Liberty Kick Off	01/20/17

### Indoor Pentathlon (Women)

RANK	ATHLETE	YEAR	TEAM	POINTS	MEET	MEET DATE
1	Roberts, Khemani	SO-2	Coppin State	3594	2017 Princeton Indoor Multi-Event Meet	02/01/17
2	Scott, Kaitlin	SO-2	Hampton	3363	2017 Liberty Kick Off	01/20/17
3	Eley, Crystal	SO-2	Hampton	3155	Patriot Games	01/28/17
4	Davis, Sydney	SO-2	Hampton	3113	Patriot Games	01/28/17
5	Mcallister, Bria	SR-4	Bethune-Cookman	3105	2017 Liberty Kick Off	01/20/17
6	Igwebuike, Precious	FR-1	Delaware State	3045	Captains Invitational & Combined Events	01/20/17
7	Key, Kayla	JR-3	Hampton	3034	2017 Liberty Kick Off	01/20/17
8	Bradford, Shakaria	SO-2	South Carolina St.	2992	2017 Liberty Kick Off	01/20/17
9	Hutto, Jacoy	SR-4	South Carolina St.	2954	2017 Liberty Kick Off	01/20/17
10	Nguetta, Britney	FR-1	Delaware State	2946	Captains Invitational & Combined Events	01/20/17
11	McGhee, Imani	JR-3	N. Carolina A&T	2893	Hokie Invitational	01/19/17
12	Johnson, Tre'J	FR-1	Coppin State	2852	2017 Frank Colden Invitational	02/04/17
13	Harris, Loren	SO-2	Delaware State	2735	Captains Invitational & Combined Events	01/20/17
14	Weeks, Myracle	SO-2	Delaware State	2721	Captains Invitational & Combined Events	01/20/17
15	Smith, Jade	FR-1	N. Carolina A&T	2582	Hokie Invitational	01/19/17
16	Forte, Savannah	JR-3	Coppin State	2570	2017 Princeton Indoor Multi-Event Meet	02/01/17
17	Roberts, Dana	SO-2	Bethune-Cookman	2448	2017 Liberty Kick Off	01/20/17
18	Johnson, LaJasia	FR-1	Delaware State	2442	Captains Invitational & Combined Events	01/20/17
19	Hale, Nateja	FR-1	N.C. Central	2268	Captains Invitational & Combined Events	01/20/17
20	Alston, Aidan	FR-1	Coppin State	2223	2017 Frank Colden Invitational	02/04/17
21	Franks, Chloe	FR-1	Delaware State	2096	Captains Invitational & Combined Events	01/20/17
22	Bond, Kiersten	SR-4	Coppin State	2061	2017 Frank Colden Invitational	02/04/17
23	Harris, Alexis	SO-2	Bethune-Cookman	1825	2017 Liberty Kick Off	01/20/17
24	Fofana, Ramata	SO-2	Coppin State	973	2017 Frank Colden Invitational	02/04/17